



# LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

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## Thank You to the Co-op!

As part of their Local Community Fund for this year, the Lincoln Co-operative Society awarded us a total of £2172.08 towards our new equipment fund. Thank you to the Co-op and all their members.

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## New Equipment

You will hopefully have noticed all the new equipment we have recently purchased thanks to all our fundraising – a new high bar, new adjustable beam, pit mat, red block, foam springboard and other training aids.

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## Coaching Update

Congratulations to Christina who qualified as a Pre-School Level 1 coach in November, to add to her other coaching qualifications. Well done Christina 😊

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## Club Membership

The committee have decided to keep the club membership fee for 2019 to £5 per member. The 2019 membership forms will be handed out in January for completion and return together with the fee by 31<sup>st</sup> January 2019. The fee will be reviewed annually, but the committee were pleased to be able to keep it at £5 for next year.

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## BG Insurance

All existing members should have renewed their BG insurance by now (and new members within three weeks of joining). Regrettably, any member without BG insurance will not be allowed to train until we have confirmation it is in place. Any member previously with another club needs to ensure they are now linked to our club on BG.

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## New Bank Account

Thank you to all of those who have transferred your standing orders to our new account. For those few that have not, can you please ensure they are set up 1<sup>st</sup> January (don't forget to cancel your standing order with the old account). As these are standing orders, we are not able to do this for you.

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## Lincs Team Championships 23<sup>rd</sup> September 2018

The club entered two teams into Level 5, one team in Level 4 and Katie Johnson entered the Chairman's team at Level 3.

Lola Gurnhill, Erin Hunt, Lexie MacDonald & Libby Minta all performed well on four pieces and finished 8<sup>th</sup> in Level 5.

Olivia Blades, Kelsie Macdonald, Isla McGinn & Sophie Snell also performed well and finished 13<sup>th</sup> in a large Level 5 team competition.

Libby Allwood, Freya Byers, Neve McGinn and Brooke Spencer all performed well in their first Level 4 team competition, competing new difficulty in their routines and finished 7<sup>th</sup>.

Katie Johnson joined two gymnasts from Sleaford to make up a Chairman's team at Level 3 and with all three scores counting on each piece finished in a magnificent 4<sup>th</sup> place.

All the gymnasts were a real credit to the club with many of them competing in their first team competition and some moving up a level to make up a team for their team mates. Well done to you all.

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## Lincs Floor & Vault 7<sup>th</sup> October 2018

Seven gymnasts represented the club in this competition at Spalding, which was a qualifying competition for the Lincolnshire regional team.

Lexie MacDonald competed in the 8 yrs age group and performed magnificently to finish 1<sup>st</sup> and take the gold medal. Sophie Snell competed in the 9 yrs age group and performed well on both pieces to finish 2<sup>nd</sup> and take the silver medal. Lola Gurnhill produced a great vault in the 10 yrs age group and finished 13<sup>th</sup> in a big age group. Similarly, in a big age group, Libby Minta performed well and finished 17<sup>th</sup> in the 11 yrs age group. Olivia Blades also performed well on both pieces in the 12 yrs age group and finished 2<sup>nd</sup> to take the silver medal. Freya Byers performed an excellent floor routine to finish 2<sup>nd</sup> and take the silver medal in the 13 yrs age group. Kelsie MacDonald performed well on both pieces to finish 8<sup>th</sup> in the 14+ yrs age group.

Lexie MacDonald, Sophie Snell and Freya Byers all qualified to represent Lincolnshire in the Regional Teams finals.

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## Regional In-Age Level 5 & Open Age Level 4

14<sup>th</sup> October 2018 at Leicester

Lexie MacDonald performed well on all four pieces to finish 16<sup>th</sup> in a field of 29 gymnasts from all over the East Midlands, competing in age at Level 5 (gymnasts 8 years old in 2018).

Brooke Spencer performed well in the Level 4 – 11 yrs age group to finish 12<sup>th</sup> – winning the bronze medal on vault in the process!

Libby Allwood competed well on all four pieces in a large field in the 12/13 yrs and finished 20<sup>th</sup>. This was Lexie, Brooke & Libby's first regional competition and they all performed well and were a credit to themselves.

Katie Johnson competed in the 14+ yrs age group and finished 7<sup>th</sup> taking the gold medals on both vault and floor!  
Well done to all the gymnasts who were a credit to the club.

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## Regional Floor & Vault Championships

24<sup>th</sup> November 2018

Lexie MacDonald and Sophie Snell represented Lincolnshire in the 8/9 years team and both performed excellent floor routines and vaults to help their team finish 4<sup>th</sup>, with Lexie taking the individual bronze medal in this age group.

Freya Byers similarly performed an excellent vault and floor routine in the 12/13 years team to help her team win the gold medal.

The girls all looked very striking in their new Lincolnshire leotards and t-shirts.

Lincolnshire retained the East Midlands Floor & Vault team trophy for the third successive year!

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## Christmas Challenge Competition 2018

The club held its first Christmas Challenge Competition on Sunday 2<sup>nd</sup> December. 156 gymnasts entered, and all received a participation medal for entering. A big thank you to all the committee, coaches, judges, volunteers, parents and gymnasts who helped on the day – events like this simply could not happen without all your help. A special thank you to the squad display gymnasts who magnificently performed their wonderful new Christmas display five times throughout a long day, and many of whom also stayed to help for the remainder of the competition, as well as competing themselves in the last round. Congratulations to all the gymnasts, for many of whom it was their first competition, who all performed well and were a real credit to the club and themselves. Medals were handed out for each individual piece as well as overall and final score sheets will be available, but below is a list of the overall winners of each group.

### Tues Rec 1 girls

1<sup>st</sup> Hannah Hoad  
2<sup>nd</sup> Laura Shinman  
3<sup>rd</sup> Imogen Brown

### Thurs Rec 1 girls

1<sup>st</sup> Laila Gooding  
=2<sup>nd</sup> Isabella Naylor  
=2<sup>nd</sup> Claudia Olayo

### Sat Rec 1 girls

1<sup>st</sup> Emily Knowles  
2<sup>nd</sup> Poppy Applewhite  
3<sup>rd</sup> Charlotte Johnson

### Rec 1 Boys

1<sup>st</sup> Seth Andrews

### Pre-Squad 1

1<sup>st</sup> Eva Taylor  
2<sup>nd</sup> April Anderson  
3<sup>rd</sup> Chloe Heathershaw

### Rec 2 Girls – 6 yrs

1<sup>st</sup> Olivia Turner  
2<sup>nd</sup> Isabel Forman  
3<sup>rd</sup> Peyton Bedford

### Rec 2 Girls – 7 yrs

1<sup>st</sup> Lidia Olayo  
2<sup>nd</sup> Paige Hughes  
3<sup>rd</sup> Isabel Blakesly

### Rec 2 Girls – 7 ½ yrs

1<sup>st</sup> Louisa Foster  
=2<sup>nd</sup> Honeymay Obire  
=2<sup>nd</sup> Noemi Policarpo

### Rec 2 Girls – 8 yrs

1<sup>st</sup> Evie Rounding  
=2<sup>nd</sup> Jasmine Kuhl  
=2<sup>nd</sup> Annie Scutchings

### Rec 2 Boys

1<sup>st</sup> Robert Lee  
2<sup>nd</sup> Matthew Tate-Hill  
3<sup>rd</sup> Zac Maddocks

### Mon Rec 3 girls

1<sup>st</sup> Holly Ardon  
2<sup>nd</sup> Isabella Clark  
=3<sup>rd</sup> Chloe Pennington  
=3<sup>rd</sup> Maya Zelubowski

### Fri Rec 3 girls

1<sup>st</sup> Lyla Strachan  
2<sup>nd</sup> Erin Read  
3<sup>rd</sup> Emmie Murray

### Rec 3 Boys

1<sup>st</sup> Luke Bally  
2<sup>nd</sup> Charlie Lincoln  
3<sup>rd</sup> Cayden Oxbey

### Pre-Squad 2

1<sup>st</sup> Lella Kennedy  
2<sup>nd</sup> Scarlett Burke  
3<sup>rd</sup> Evie Gurnhill

### Advanced – 10 & under

1<sup>st</sup> Emmie White  
2<sup>nd</sup> Haydee Brown  
3<sup>rd</sup> Lola Ryan

### Advanced – 11 yrs

1<sup>st</sup> Daisy Atkin  
2<sup>nd</sup> Chloe Cook  
3<sup>rd</sup> Tilly-May Allen

### Advanced – 12+ yrs

1<sup>st</sup> Kathryn Ellis  
2<sup>nd</sup> Francesca Davis  
3<sup>rd</sup> Gracie O'Donnell

### Imps – 5 & 6 yrs

1<sup>st</sup> Jaimie Watson  
=2<sup>nd</sup> Phoebe Speed  
=2<sup>nd</sup> Millie Kelleher

### Imps – 7 & 8 yrs

1<sup>st</sup> Regan Gamwell  
2<sup>nd</sup> Lacey Taylor  
3<sup>rd</sup> Poppy Overton

### Castle

1<sup>st</sup> Emma Mitchell  
2<sup>nd</sup> Hanna Klab  
3<sup>rd</sup> Sophie Sheeran

### Cathedral

1<sup>st</sup> Caitlin Murten  
2<sup>nd</sup> Elizabeth  
Sakounlamphoum  
3<sup>rd</sup> Anastasia Taylor

### Barons

1<sup>st</sup> Olivia Blades  
2<sup>nd</sup> Isla McGinn  
3<sup>rd</sup> Erin Bride

### Knights

1<sup>st</sup> Katie Johnson  
2<sup>nd</sup> Brooke Spencer  
3<sup>rd</sup> Libby Allwood

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Please call 01522 262022 or use our Facebook page to advise if your child is unable to attend a session - we may not reply but are grateful to know.

[www.lincolncitygymclub.org](http://www.lincolncitygymclub.org)

