



LINCOLN CITY GYMNASTICS CLUB NEWSLETTER



Happy New Year!

Wishing a Happy New Year to all our members, their families, and our new members. Classes will continue uninterrupted from now until Easter, concluding at 9:00 pm on Monday, April 14th, and resuming at 4:00 pm on Tuesday, April 22nd. Please refer to the end of this newsletter for our 2025 club closure dates and a calendar of upcoming competitions, including our own club competition dates for your diaries.

LCGC 40th Anniversary Ball

Lincoln City Gym Club is celebrating its 40th Anniversary, having opened in September 1984, and we would like to invite you to celebrate with us at our 40th Anniversary Ball, which will be held on Saturday 5th April at Doddington Hall. Tickets are £60 per person and includes a 3 course meal, fizz on arrival, dancing, games and a special anniversary raffle. We would like to invite members, old and new, together with their family and friends, to join us (over 16's only and under 18's must be accompanied by an adult). Tickets are available either at the club by card, or cash or by bank transfer, to our committee organiser Anna Haxby: sort code 40-28-20, account no. 72407329. If paying by bank transfer, please comment on our 40th Anniversary Facebook page with any seating requests so Anna can complete the table plans. Tickets are limited so please don't miss out on this special evening to celebrate LCGC.

Coaching/Judging News

We are delighted to welcome back Coach Abi Hayes following her maternity leave after the birth of baby Freddie, who has already become a regular visitor to the club! We also extend a warm welcome back to Sophie Clark and Molly Holmes, who are rejoining our coaching team.

🎉 Congratulations to Amelie Bogg, who qualified as a BG Level 1 Coach in November and is already proving to be a fantastic addition to our coaching team. Another big congratulations to Coach Abbie Green, who is now a BG-qualified Club Judge—well done to both! 😊

We are always on the lookout for new coaches, judges, or volunteers who would like to get involved, learn a new skill, and support the club. No prior gymnastics experience is needed—just enthusiasm and a love for the sport!

If you're interested, please speak to any of our coaching team or email us at LCGC-1@outlook.com.

2025 LCGC Club membership

All our gymnasts must be registered members of the club, and it's time to renew your annual club membership. We will soon be emailing membership forms for you to complete with updated information, including emergency contact details and medical information. Please return the completed form along with the annual membership fee by 28th February 2025.


💰 Membership Fees:


Recreational gymnasts – £25 per year


Squad gymnasts – £30 per year

Family Membership: If you have multiple recreational gymnasts in your family, they can all be included on one recreational membership form (one fee per family).

If you have a squad gymnast and siblings, they should all be listed on the squad membership form (again, only one fee per family).

 **For new members:** If you joined at the end of 2024 or in early January 2025 and completed a 2024 membership form but haven't yet paid the fee, please ensure payment is made by 28th February to finalize your membership.

 **Important:** Gymnasts will not be able to train after 28th February unless we have received the completed form and payment, as we must hold up-to-date emergency contact details. Your cooperation with this is greatly appreciated.

 Need a form? Blank membership forms will be available at the club for anyone who requires one.

AGM

We will be holding our AGM at the club on Thursday, 6th March 2025, at 6:30 pm. Please note that the viewing area will be closed during the meeting to accommodate the AGM.

We warmly invite all members to join us for tea, coffee, and biscuits to learn more about the club and even consider joining our committee.

Our committee is made up of parents and coaches, all of whom volunteer their time, skills, and enthusiasm to support the club. They help with fundraising, organizing club competitions and events, and various other tasks. No gymnastics experience is needed—just a willingness to get involved and help out!

Lincs Brass & Tin Competition at Spalding Gym Club

Gymnasts from our Imps Development and Imps Squad proudly represented the club at the Lincs Brass & Tin Competition on 10th November 2024 at Spalding Gym Club.

For many, this was their first county competition, and they were an absolute credit to both the club and their parents. They should all be incredibly proud of their performances and the fantastic support they showed for one another.

Brass 6 years – 1st Poppy Moore

Brass 7/8 years – 7th Phoenix Adams, 8th Lilly Rayney, 10th Maya Brown, 12th Alice Martin, 15th Duaa Hussain, 21st Abigail Liberty and 22nd Willow Tinker

Brass 8 years – 5th Hannah Coulson

Brass 9+ years – 1st Annabelle Main

6 & 7 years – Vault – 4th Lilly Rayney and 5th Poppy Moore Bars – 2nd Lilly Rayney and 6th Duaa Hussain

Beam – 3rd Poppy Moore and 5th Phoenix Adams Floor -1st Poppy Moore, 3rd Phoenix Adams & 5th Lilly Rayney

8 & 9+ years – Vault – 5th Annabelle Main and 6th Hannah Coulson Bars 6th Annabelle Main

Beam – 5th Annabelle Main Floor – 2nd Annabelle Main and 3rd Hannah Coulson

Over all ages & all 4 pieces – 2nd Annabelle Main

Tin 8 years – 4th Florence Jones

Tin 9 years – 9th Daisy Smith and 13th Olivia Sturton

Tin 11 years – 10th Abigail Knowles

Bars – 4th Daisy Smith Beam – 4th Florence Jones Floor – 4th Florence Jones

LCGC Christmas Club Competition – 30th November and 1st December

Over 230 gymnasts from the club took part in our Christmas Competition, and what a fantastic weekend it was!

Every gymnast who competed received a participation medal in recognition of their efforts, and an array of medals and ribbons were awarded across different age groups and apparatus categories.

 Our Christmas Champions:

Rec Girls 4 years -	Rosie Clayton
Rec Girls 5 years -	Lottie Giles
Rec Boys 5/6 years -	Alex Main
Rec Girls 6 years -	Miaya Watt
Rec Girls 6 ½ years -	Edie Taylor
Rec Girls 7 years -	Eveline Rutkauskaite
Rec Boys 7/8 years -	Harry Banks
Rec Girls 8 years -	Eilidh Cassey
Rec Girls 9 years -	Siwen Wang
Rec Girls 10 years -	Amelie Stephenson
Advanced Rec girls -	Claudia Olayo
GFA Prep Squad -	Evie-Rose Allen
GFA Intermediate -	Sienna Newman
GFA Advanced -	Alyssa Watt
GFA Platinum -	Phoebe Emmingham
Brass 6 years-	Poppy Moore
Brass 7/8 years -	Hannah Coulson
Tin -	Annabelle Main
Zinc -	Nicole Karpejeva
Copper -	Poppy Waite
Bronze & Christmas Club Champion	Neve McGinn

2025 Club Closure Dates

Easter – The club will close after training at 9:00 pm on Monday, 14th April, and reopen at 4:00 pm on Tuesday, 22nd April.

Christmas & New Year – The club will close after training at 8:30 pm on Friday, 19th December, and reopen at 4:00 pm on Monday, 5th January 2026.

Summer Holidays: We are not currently planning to close during the school summer holidays. However, if you are booking holidays during this time, we would appreciate it if you could email your holiday dates to LCGC-1@outlook.com. This will help us plan coaching cover accordingly—thank you!

2025 Competition Dates

Date	Competition	Venue	Gymnasts
23rd February	Lincoln GC Friendly Competition	Lincoln Gym Club	WA Grades & Classic Challenge
8th & 9th March	Prep & Development Grades	New College, Leicester	WA squad gymnasts selected
11th May	Lincs Teams and Floor & Vault	Witham Hill	WA Classic Challenge selected
18th May	GFA-4 piece – All levels	Spalding	GFA squads & GFA Prep squad
21st & 22nd June	LCGC Annual club competition	LCGC	All Club's gymnasts
20th & 21st September	WAG Regional Classic Challenge	New College, Leicester	WA Bronze & Silver level
11th & 12th October	Lincs Classic Challenge	Witham Hill	WA Zinc to Bronze
9th November	Lincs Brass & Tin	Spalding	WA Brass & Tin
23rd November	Zinc & Copper County Teams	New College, Leicester	Gymnasts qualified 11th/12th Oct
30th November	GFA Floor & Vault Competition	Spalding	GFA squads & GFA Pre squad

Please call **01522 262022** or use our **Facebook** page to advise if your child is unable to attend a session.
We may not reply, but are grateful to know.

www.lincolncitygymclub.org