

July 2023

239th Edition



LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

Summer Closing

The club will be closed for our summer break on Monday 24th July for a week, reopening on Monday 31st July and then closed on Saturday 25th August for a further week, reopening on Saturday 2nd September.

Holiday Clubs

We will be holding holiday clubs during the four weeks in school holidays we are open from w/c 31st July and we will announce the dates & details shortly on our Facebook page, posters in the club and by email – so watch this space!

Club Expansion

You will have noticed the club is much bigger following our taking over the adjacent unit. A massive thank you goes to the committee members and their partners, the coaches and parents who kindly gave up their time to dismantle and move all the kit and pack the gym up prior to the internal wall being taken down and then again once it had been removed to get the gym up and running again. It was a lot of hard work, but we hope you agree it was well worth it for extra space it has given us. The club has been fortunate enough to receive a grant of £15,000 from Sports England, so with that and the money raised by the club through fund raising over the last two years, plus a couple of sponsorships, we have been able to match the grant and order the equipment and matting for the first phase of our expansion. We need to raise as much again to complete the remaining phases, and whilst we will continue to fundraise and apply for other grants, if anyone knows of any businesses or groups that might be willing to sponsor us who you would be willing to approach for us, please ask for one of our donation letters and details of our sponsorship packages. Please email us at lcgc-1@outlook.com and mark your email F.O.A Carla who is co-ordinating this. The expansion of the size of the club means that we can add extra classes to our timetable to reduce the numbers on our waiting list. We are also introducing Sunday classes after the first week of our summer break.

Annual Club Competition Saturday 24th and Sunday 26th June 2023

Over a very, very hot weekend we held the club's annual club competition. It was a great weekend and all the 180 gymnasts who entered were a real credit to the club and their families. Everyone who entered received a certificate in recognition of their efforts and medals galore were awarded with the winner of each recreational class and squad level receiving a trophy as well as the 2023 Club Champion being crowned. A full set of the results is at the end of this newsletter. Special thanks go to the Barons & Knights who performed their display an amazing 6 times over the weekend in that heat, which hopefully inspired all the watching gymnasts! Thank you also to Nikki Duke who baked us 100 cupcakes to sell to raise funds for the club (and provided fans to keep them cool), and Sian from Pretty Occasions who loaned us the beautiful flower wall as a backdrop for all the photos. And of course, a big thank you to all the committee, coaches, judges, and young helpers who gave up their Friday evening as well as their whole weekend to make the competition run so smoothly. Thank you to everyone who donated towards the raffles and of course everyone who brought raffle tickets, refreshments, cupcakes and Quatro leotards (from which we receive commission), raising an amazing £1,300 over the whole weekend, the proceeds of which all went to our equipment fund. The winner of the 50/50 raffle won £195!

Congratulation to Kelsie

Congratulations to coach Kelsie Macdonald who passed her Level 2 coaching exam at the end of May. Well done, Kelsie 😊 Not content with passing her Level 2, Kelsie is already starting her first Level 3 coaching module in July!

Congratulations to Mr and Mrs Hayes

During the midst of the club's expansion and all the building works our very own Abi got married on 2nd June. The coaches and committee were privileged to celebrate their marriage with them and what a wonderful day it was. Abi made a stunning bride in what was a beautiful setting. Everyone at the club wishes Abi and Josh every happiness for their future and as they begin their married life.

Pre-School Classes

Our pre-school classes for children aged 3 and 4 (not at school) will start again in September on Friday mornings. If anyone has siblings, friends or family with children that would be interested in these fabulous classes, please contact us either on our Facebook page or contact us by email at lcgc-1@outlook.com. The classes are fun and offer children the opportunity to start their gymnastics journey, trying out a range of equipment including vault, bars, beam and floor as well as games, singing and dancing along the way!

Annual Club Competition 2023

Recreational Classes

Rec 1			
4 years	1 st Elsie Wilkinson	2 nd Robyn Heal	3 rd Daisy Oliver
5 years	1 st Isla Cuffley	2 nd Alice Martin	3 rd Mia Rose Southwick 4 th Olivia Jayne Murphy & Vivienne Jackson
5 ½ years	1 st Lola-Rose Harvey	2 nd Willow Tinker	3 rd Sofia Boulton & Duaa Hussain
6 years	1 st Ivy Drewery	2 nd Florence Ford	3 rd Eveline Rutkauskaite 4 th Sofia Pountney
Vault overall	1 st Hollie Hyke & Mya Gladding		3 rd Duaa Hussain & Mollie Whisker
Bars overall	1 st Ivy Drewery	2 nd Lola-Rose Harvey	3 rd Elsie Wilkinson & Florence Ford
Bench overall	1 st Ivy Drewery	2 nd Isla Cuffley	3 rd Alice Martin & Imogen Wright
Floor overall	1 st Eveline Rutkauskaite	2 nd Sofia Pountney	3 rd Lola-Rose Harvey

Rec 1

Boys Champion	1 st Joshua McWilliams			
Girls Champion	1 st Ivy Drewery	2 nd Lola-Rose Harvey	3 rd Florence Ford	4 th Isla Cuffley

Rec 2/3 Boys

Vault overall	1 st Ethan Robinson	2 nd Dexter Clayton	3 rd George Deakin	4 th Zachary Walls
Bars overall	1 st Ethan Robinson	2 nd Zachary Walls & George Deakin		4 th Dexter Clayton
Trampoline	1 st George Deakin	2 nd Zachary Walls	3 rd Ethan Robinson	4 th Dexter Clayton
Floor overall	1 st Dexter Clayton	2 nd Zachary Walls	3 rd George Deakin	4 th Ethan Robinson

Rec 2

Boys Champion	1 st Zachary Walls	2 nd Dexter Clayton
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Rec 3

Boys Champion	1 st George Deakin	2 nd Ethan Robinson
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Rec 2 Girls

6 years	1 st Isla Stephenson	2 nd Hannah Coulson	3 rd Maliya Francis	4 th Rosie Walls
7 years	1 st Lily Tinker	2 nd Eilidh Cassey	3 rd Chloe Pacey	4 th Isla Carr-Hoskins
7 ½ years	1 st Ellie Dickinson	2 nd Emily Mills	3 rd Nia Policarpo	4 th Daisy Bell & Millie Swift
8 years	1 st Pippa Bradley	2 nd Thea Lazenby	3 rd Isla-Jasmine Overton	4 th Eleanor Brayfield
Vault overall	1 st Eilidh Cassey	2 nd Daisy Bell	3 rd Hannah Coulson, Chloe Pacey, Nia Policarpo & Ellie Dickinson	
Bars overall	1 st Lola Brighty	2 nd Eilidh Cassey & Nia Policarpo		4 th Rosie Walls
Beam overall	1 st Ellie Dickinson	2 nd Emily Mills	3 rd Isla Carr-Hoskins	4 th Pippa Bradley & Millie Swift
Floor overall	1 st Daisy Bell & Ellie Dickinson		3 rd Emily Mills	4 th Isla Stephenson & Lily Tinker

Rec 2

Girls Champion 1st Ellie Dickinson 2nd Emily Mills & Lily Tinker 4th Nia Policarpo

Rec 3 Girls

8 years 1st Siwen Wang 2nd Lilly Hollingsworth
8 ½ years 1st Annabelle Main 2nd Emily Dwane 3rd Phoebe Butterworth 4th Grace Warnock
9 years 1st Lourdes Jackson 2nd Amelie Stephenson 3rd Darcy Batt 4th Isla Robinson
9 ½ years 1st Deena Hussain 2nd Megan Everton 3rd Evelyn Melbourne 4th Nevie Rose Lewis
10+ years 1st Ava Sellars 2nd Ella Flowers 3rd Ebony Brown 4th Lacie Barker

Vault overall 1st Siwen Wang & Emily Dwane 3rd Monita Burneckaite & Ebony Brown
Bars overall 1st Annabelle Main 2nd Lourdes Jackson 3rd Phoebe Butterworth & Amelie Stephenson
Beam overall 1st Annabelle Main 2nd Phoebe Butterworth 3rd Siwen Wang & Evelyn Melbourne
Floor overall 1st Lourdes Jackson 2nd Amelie Stephenson & Ebony Brown 4th Annabelle Main

Rec 3

Girls Champion 1st Lourdes Jackson 2nd Annabelle Main 3rd Siwen Wang 4th Emily Dwane

Advanced Girls

9/10 years 1st Lilly Bannister 2nd Scarlett Sellars 3rd Connie Headon 4th Molly Klab
11/12 years 1st Sofia Evison 2nd Daisy Anderson 3rd Niamh Flowers 4th Mia Parnell
13+ years 1st Scarlett Verrall 2nd Beth Knowles 3rd Lella Kennedy 4th Lacey Pountney

Vault overall 1st Lilly Bannister & Sophia Grech 3rd Charlotte Johnson & Ava Coe
Bars overall 1st Kara Richards 2nd Niamh Flowers 3rd Beth Knowles 4th Lilly Bannister, Scarlett Sellars & Daisy Anderson
Beam overall 1st Sofia Evison 2nd Beth Knowles 3rd Scarlett Sellars 4th Connie Headon
Floor overall 1st Honeyamay Obire 2nd Daisy Anderson & Lella Kennedy 4th Scarlett Sellars, Sofia Evison & Scarlett Verrall

Advanced

Girls Champion 1st Sofia Evison 2nd Lilly Bannister & Scarlett Verrall 4th Daisy Anderson

Squads**GFA**

Intermediate 1st Mollie Latchem 2nd Phoebe Emmingham 3rd Amelia Nixon-Deal 4th Joanna Wojcik
Advanced 1st Lilly Stones 2nd Olivia Greaves 3rd Phoebe Robinson 4th Isobel Peacock
Platinum 1st Alex Parkinson

Vault overall 1st Phoebe Emmingham 2nd Mollie Latchem & Joanna Wojcik 4th Amelia Nixon-Deal
Bars overall 1st Lilly Stones 2nd Olivia Greaves & Mollie Latchem 4th Alex Parkinson
Beam overall 1st Alex Parkinson 2nd Joanna Wojcik 3rd Phoebe Emmingham 4th Willow Kirk
Floor overall 1st Mollie Latchem 2nd Olivia Greaves 3rd Phoebe Emmingham 4th Amelia Nixon-Deal

GFA

Champion 1st Alex Parkinson 2nd Mollie Latchem 3rd Phoebe Emmingham 4th Lilly Stones

Brass

5 years 1st Poppy Moore
6 years 1st Lilly Rayney 2nd Jaycee Akpoveta 3rd Maya Brown 4th Skye Drewery
7 years 1st Evelyn Penney 2nd Helena Kowara 3rd Alexis Grech 4th Katrina Ringe

Vault overall 1st Evelyn Penney 2nd Maya Brown 3rd Lilly Rayney, Phoenix Adams & Helena Kowara
Bars overall 1st Evelyn Penney 2nd Lilly Rayney 3rd Maya Brown 4th Helena Kowara
Beam overall 1st Lilly Rayney 2nd Alexis Grech 3rd Skye Drewery 4th Evelyn Penney
Floor overall 1st Evelyn Penney 2nd Jaycee Akpoveta 3rd Lilly Rayney 4th Skye Drewery
R & C overall 1st Evelyn Penney 2nd Jaycee Akpoveta 3rd Maya Brown 4th Phoenix Adams & Skye Drewery

Brass				
Champion	1 st Evelyn Penney	2 nd Lilly Rayney	3 rd Jaycee Akpoveta	4 th Maya Brown
Nickel				
Vault overall	1 st Maisie Buckthorp	2 nd Sophia Cuffley	3 rd Daisy Smith	4 th Olivia Sturton
Bars overall	1 st Olivia Sturton	2 nd Sophia Cuffley	3 rd Maisie Buckthorp	4 th Daisy Smith
Beam overall	1 st Maisie Buckthorp	2 nd Daisy Smith	3 rd Olivia Sturton	4 th Sophia Cuffley
Floor overall	1 st Maisie Buckthorp	2 nd Daisy Smith	3 rd Sophia Cuffley	4 th Olivia Sturton
R & C overall	1 st Maisie Buckthorp	2 nd Sophia Cuffley	3 rd Daisy Smith & Olivia Sturton	
Nickel				
Champion	1 st Maisie Buckthorp	2 nd Daisy Smith	3 rd Olivia Sturton	4 th Sophia Cuffley
Zinc				
7/8 years	1 st Nicole Karpejeva	2 nd Arabella Goodall	3 rd Sophia Ison	
9 years	1 st Sophie Roberts	2 nd Isabelle Duke	3 rd Jessica Jones	4 th Isla Martin
10+ years	1 st Lois Evison	2 nd Scarlett Melbourne	3 rd Ella Curtis	4 th Kimberlie Tetere
Vault overall	1 st Nicole Karpejeva	2 nd Alysha Holt	3 rd Scarlett Melbourne	4 th Arabella Goodall, Sophia Ison & Emilia Clements
Bars overall	1 st Poppy Waite	2 nd Arabella Goodall, Ella Curtis & Kimberlie Tetere		
Beam overall	1 st Lois Evison	2 nd Emily Knowles	3 rd Emilia Clements	4 th Scarlett Melbourne
Floor overall	1 st Nicole Karpejeva & Chloe Heathershaw		3 rd Kimberlie Tetere	4 th Scarlett Melbourne
R & C	1 st Arabella Goodall & Lois Evison		3 rd Isabelle Duke	4 th Sophia Ison & Poppy Waite
Zinc				
Champion	1 st Lois Evison	2 nd Nicole Karpejeva	3 rd Scarlett Melbourne	4 th Arabella Goodall
Copper				
Vault overall	1 st Liv Blades	2 nd Hanna Klab	3 rd Phoebe Speed & Amelia Macdonald	
Bars overall	1 st Hanna Klab	2 nd Amber Drayton	3 rd Amelia Macdonald	4 th Eva Taylor & Liv Blades
Beam overall	1 st Liv Blades	2 nd Amelia Macdonald	3 rd Hanna Klab	4 th Amber Drayton
Floor overall	1 st Hanna Klab	2 nd Amber Drayton	3 rd Lily Overton & Liv Blades	
R & C	1 st Eva Taylor	2 nd Amelia Macdonald	3 rd Hanna Klab	4 th Lily Overton
Copper				
Champion	1 st Hanna Klab	2 nd Amelia Macdonald	3 rd Liv Blades	4 th Amber Drayton
Bronze				
Vault overall	1 st Amelie Bogg	2 nd Brooke Spencer	3 rd Lacey Taylor	4 th Neve McGinn
Bars overall	1 st Neve McGinn	2 nd Amelie Bogg	3 rd Lacey Taylor	4 th Matilda Mullin
Beam overall	1 st Mia Haxby	2 nd Poppy Overton	3 rd Neve McGinn	4 th Brook Spencer
Floor overall	1 st Neve McGinn	2 nd Lacey Taylor	3 rd Amelie Bogg	4 th Matilda Mullin
R & C	1 st Neve McGinn	2 nd Brooke Spencer	3 rd Matilda Mullin	4 th Mia Haxby
Bronze				
Champion	1 st Neve McGinn	2 nd Amelie Bogg	3 rd Mia Haxby	4 th Matilda Mullin

CLUB CHAMPION 2023
NEVE MCGINN

Please call **01522 262022** or use our **Facebook** page to advise if your child is unable to attend a session - we may not reply, but are grateful to know. www.lincolncitygymclub.org