

March 2023

\*\*237th Edition\*\*



# LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

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## Easter Closing

Classes continue through to Easter when we close at 9.00 pm after training on Wednesday 5<sup>th</sup> April and we re-open on Thursday 13<sup>th</sup> April at 4.00 pm.

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## May Bank Holidays

The club is open for all the May Bank Holidays, including the King's Coronation Bank Holiday on Monday 8<sup>th</sup> May 2023 and the May school half-term, through until the school summer holidays when we close for two weeks. The two weeks summer closing will be decided at our AGM and published in our next newsletter.

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## Awards Evening & Party - Saturday 25<sup>th</sup> February 2023

Thank you to everyone who attended the awards evening and congratulations to all the gymnasts who received awards. It was lovely to see so many of our gymnasts and their families enjoying themselves and joining in with the party games. A great night was had by everyone. A massive thank you to all the Committee volunteers and Coaches for their hard work beforehand, and on the night, to make the event a great success. The raffle and the glitter tattoos raised an amazing £600 on the night for our equipment fund, so a massive thank you to everyone who brought raffle tickets and who had a tattoo, for supporting the club. A list of all the award winners is at the end of this newsletter.

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## Annual General Meeting – Saturday 18<sup>th</sup> March 2023 at 1.00 pm at the club

We are holding our **AGM on Saturday 18<sup>th</sup> March 2023 at 1.00 pm** at the club. The meeting is open to our member's parents. Join us to find out more about the club, and even get involved (we are always looking for new committee members to help with fundraising and at club events). The committee are all volunteers, and either parents or coaches. You don't need to know anything about gymnastics to get involved, and are welcome to join us for a cup of tea or coffee and a biscuit and find out more.

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## Personalised Hoodies

Our personalised hoodies are available to order at any time. They come as either zipped or overhead with your gymnast's name embroidered on the back. The prices have increased this year and now cost £21.50 for children's sizes and £27 for adult sizes. Order forms are available at the club and payment to be made at the time of order please, due to them being personalised. Orders are usually placed at the beginning of the month (subject to a minimum order amount) and they take around two weeks to arrive from placing the order.

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## Club Shop

Our shop stocks the club's recreational leotards for girls and boys, samples of which are on display at the club. Squad leotards are also available to purchase. We have leggings available in the club shop to match the hoodies, priced at £15. We also stock bar grips, as well as bar loops & straps for metal bar. If you require anything and/or need your gymnast sizing up, please speak to any of the coaches or committee members who will be happy to assist.

Our new training leotards are available to order (these can also be worn by recreational gymnasts at club competitions) as are our bespoke tracksuits (we have a set of the tracksuits for sizing purposes). Order forms for the training leotards and tracksuits are available at the club. There is a minimum order requirement for both of these, so we will only be able to place an order once we can meet this, and they must be paid for at the time of ordering please, as the club has to pay before the order is processed. There is an 8-week order to delivery time for both. We anticipate placing a further order after Easter.

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## Pre-School

Just a reminder that we hold pre-school classes for children aged 3 to 4 years (not at school) on a Friday morning. If you have siblings, family or friends who are interested, please either email us or complete a waiting list form at the club. Similarly, children not yet 3 can be placed on the waiting list so they have a place when they turn 3.

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## Awards Evening Trophy Winners

### Coaches Awards 2022

Mon Rec 1:	Melissa:	Eleanor McGinn	Mallissa:	Rosie Walls	
Mon Rec 2:	Katie:	Olive Wheat			
Mon Rec 2/3 boys:	Carla:	Hugo Pieters-Roper	Kelsie:	Ethan Robinson	
Mon Rec 3 Girls:	Katie:	Joanna Wojcik	Mallissa:	Annabelle Main	
Mon Advanced:	Katie:	Eliza Harrison	Kelsie:	Noemi Policarpo	
Tues Rec 1:	Carla:	Isla Stephenson	Emma:	Willow Tinker	Tara: Emily Hill
Tues Rec 2/3:	Carla:	Lourdes Jackson	Emma:	Millie Swift	Tara: Ella Flowers
Tues Advanced	Pat:	Scarlett Walker			
Thurs Rec 1:	Melissa:	Skye Drewery	Mallissa:	Abigail Liberty	Katie: Ivy Drewery
Thurs Rec 2/3	Carla:	Evelyn Dodds	Mallissa:	Chloe Pacey	Katie: Connie Headon
Thurs Adv:	Freya:	Sofia Evison			
Friday Rec 1:	Katie:	Isla Cuffley			
Friday Rec 2:	Kelsie:	Daisy Bell			
Friday Rec 3:	Katie:	Sienna Carr-Hoskins	Kelsie:	Lacie Barker	
Sat Rec 1:	Kelsie:	Ava Lily Coulson			
Sat Rec 2:	Freya:	Nancy Button			
Sat Rec 3:	Abi:	Bethany Pitfield			

### **GFA General**

Personal Achievement 2022	Alyssa Watt
Upcoming Gymnast 2022	Amelia Nixon-Deal

### **Imps Development**

Personal Achievement 2022	Evelyn Penney
Upcoming Gymnast 2022	Florence Jones

### **Melissa's Imps**

Personal Achievement 2022	Nicole Karpejeva
Upcoming Gymnast 2022	Maisie Buckthorp

### **Abi's Imps**

Personal Achievement 2022	Emily Knowles
Upcoming Gymnast 2022	Jessica Jones

### **Barons**

Personal Achievement 2022	Amelie Bogg
Upcoming Gymnast 2022	Lois Evison

### **Knights**

Personal Achievement 2022	Mia Haxby
Upcoming Gymnast 2022	Phoebe Speed

### County/Regional Awards 2022

#### **March 2022 – Grades Competition**

Grade 5 Highest Vault 2022	13.167	Matilda Mullin
Grade 5 Highest Bar 2022	12.450	Mia Haxby
Grade 5 Highest Beam 2022	12.30	Mia Haxby
Grade 5 Highest Floor 2022	11.992	Matilda Mullin
Grade 5 Highest Range & Conditioning	11.367	Mia Haxby
Grade 4 Highest Vault 2022	13.733	Neve McGinn
Grade 4 Highest Bars 2022	12.767	Brooke Spencer
Grade 4 Highest Beam 2022	10.150	Poppy Overton
Grade 4 Highest Floor 2022	11.850	Brooke Spencer
Grade 4 Highest Range & Conditioning	11.950	Brooke Spencer

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### May 2022 – County GFA competition

GFA Highest Vault 2022	8.90 Mollie Latchem
GFA Highest Bars 2022	8.50 Holly Townend
GFA Highest Beam 2022	8.85 Holly Townend
GFA Highest Floor 2022	9.45 Holly Townend

### September 2022 – County Classic Challenge competition

Zinc Highest Vault 2022	11.85 Mia Haxby
Zinc Highest Bars 2022	10.80 Mia Haxby
Zinc Highest Beam 2022	11.10 Poppy Overton
Zinc Highest Floor 2022	11.45 Matilda Mullin

Copper Highest Vault 2022	= 11.050 Amelie Bogg & Neve McGinn
Copper Highest Bars 2022	10.65 Neve McGinn
Copper Highest Beam 2022	10.85 Amber Drayton
Copper Highest Floor 2022	12.15 Amelia Macdonald

### October 2022 – County Brass and Nickel competition

Brass Highest Vault 2022	11.55 Nicole Karpejeva
Brass Highest Bars 2022	11.70 Jessica Jones
Brass Highest Beam 2022	10.90 Sophia Ison
Brass Highest Floor 2022	= 11.30 Arabella Goodall & Nicole Karpejeva

Nickel Highest Vault	11.90 Poppy Waite
Nickel Highest Bars	11.70 Poppy Waite
Nickel Highest Beam	10.80 Lacey Page
Nickel Highest Floor	11.95 Poppy Waite

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Please call **01522 262022** or use our **Facebook** page to advise if your child is unable to attend a session - we may not reply, but are grateful to know. [www.lincolncitygymclub.org](http://www.lincolncitygymclub.org)