

** 215th Edition **



LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

A WARM WELCOME TO ALL OUR NEW MEMBERS 😊

SUMMER CLOSING

Classes continue now through to the summer holidays, when we close for 2 weeks. We will be closed on Monday 22nd July to Friday 26th July & re-open on Saturday 27th July (giving Saturday classes an extra session for closing club comp Saturday). The club will then be closed on Saturday 24th August and re-open on Saturday 31st August.

**For your diaries, at Christmas the club will open until Saturday 21st December and then closed over Christmas and New Year, re-opening on Monday 6th January 2020.*

BABY CONGRAULATIONS

Our congratulations go to coach Faye Hobday, and her partner Paul, on the safe arrival of baby Finn Michael George – well done Faye! We send our best wishes to you all and look forward to meeting Finn. Congratulations to coach Jayne Hobday on becoming a Grandma!

COACHING UPDATE

Congratulations to Ellie Fellows who passed her Level 2 coaching course in February and to Erin Hunt who passed her Level 1 course in April. Well done to both 😊

FUNDRAISING AND EQUIPMENT UPDATE

The awards evening on 23rd March at Windmill Farm was a great success and seemed to be enjoyed by everyone (details of award winners below). Thank you to everyone who helped organise the event and donated raffles prizes – the raffle raised £280 towards our equipment fund.

The Easter Egg raffle raised a fantastic £54 – thank you to Abi for organising this and well done to everyone who won an egg!

You will have hopefully noticed the bespoke beam matting and the new asymmetric bars that we have recently purchased with the proceeds from recent fundraising.

ANNUAL CLUB COMPETITION SAT 29TH & SUN 30TH JUNE 2019

The gymnasts are all practising for the club competition and have received their entry letter. Please make sure you get your entries in by **8th June**, as unfortunately entries cannot be accepted after that date. We will be holding raffles at the competition and would welcome any donations – all the proceeds go towards our equipment fund which all the gymnasts benefit from. We also need help on both days with various roles. Please let us know if you can help. **Don't forget to order your commemorative t-shirts to guarantee your gymnast has them on the day!**

LOST PROPERTY

We seem to acquire a significant amount of lost property. Please check the lost property box near the door if you do lose anything – odd socks, water bottles, coats, toys!! If items are not claimed within 2 weeks, they will be donated to charity as we cannot keep items any longer due to the volume of lost property.

REMINDERS – BG INSURANCE, CLUB MEMBERSHIP & STANDING ORDERS

Just a reminder that all gymnasts must be insured through British Gymnastics after two weeks of joining the club. Please ensure you register your gymnast online with BG and pay the £17 fee. We regret that after this time gymnasts are not allowed to train if they are not insured. Similarly, please ensure that the club membership form is completed, and the £5 membership fee is paid as soon as possible to ensure we have emergency contact details and any medical information. Gymnasts should not be left at the club unattended if we do not have this information. Finally, whilst we do accept weekly cash payments for the first few weeks, under the club rules, we do ask you set up a standing order from the 1st of the following month. If you have not already set up a standing order, please do by 1st next month. If this causes you a problem or you need a new standing order form, please speak to us.

AWARDS EVENING ROLL OF HONOUR

COACHES AWARDS 2018

Mon Rec 2 Girls	Savannah Cook	Fri Rec 2 4.15 Girls	Holly Townend
Mon Rec 3 Girls	Bonnie Burrows	Fri Rec 2 Boys	Bentley Hollingsworth
Mon Rec 3 Boys	Luke John Bally	Fri Rec 2 5.15 Girls	Fearne Strachan
Mon Advanced	Kathryn Ellis	Fri Rec 3 Girls	Rose Bell
Tues Rec 1 Girls	Hannah Hoad	Sat Rec 1 Boys	Henry Robinson
Tues Rec 1 Boys	Seth Andrews	Sat Rec 1 Girls	Poppy Applewhite
Tues Rec 2 Girls	Phoebe Fisher	Sat Rec 2 Girls	Alice Birch
Tues Advanced	Scarlett Verrall	Pre-Squad 1	Chloe Heathershaw
Weds Rec 2 4.15	Shayla Wilson	Pre-Squad 2	Annabel Wilkinson
Weds Rec 2 5.15	Neve Penn	Imps	Regan Gamwell & Lacey Taylor
Thurs Rec 1 Girls	Vaanika Aggarwal	Castle	Myla Dixon & Olivia Thomson

Thurs Advanced	Tilly Allen	Cathedral Barons Knights	Anastasia Taylor Isla McGinn Libby Minta
HIGHEST SCORERS – 2018			
Floor & Vault		Level 7	
Highest overall score	Freya Byers	Vault =	Regan Gamwell & Emily Pegg
Highest vault score	Lola Gurnhill	Bars	Thea Blades
Highest floor score	Sophie Snell	Bench	Thea Blades
		Floor	Chloe Verrall
Level 6		Level 5	
Vault	Erin Bride	Vault	Lola Gurnhill
Bars	Carly Jackson	Bars	Lola Gurnhill
Beam	Evie Lount	Beam	Erin Hunt
Floor	Amelia Macdonald	Floor	Olivia Blades
Level 4		Level 3	
Vault	Freya Byers	Overall Award	Katie Johnson
Bars	Brooke Spencer		
Beam	Libby Allwood		
Floor	Neve McGinn		

COUNTY LEVEL 6&7 COMPETITION - SUNDAY 19 MAY 2019

On the 19th of May we entered the county level 6&7 competition. The girls who entered had trained tirelessly for the past year for this event. The hard work they put in paid off and we had fantastic results. All girls who took part should be very proud of themselves.

ROUND 1

Level 7 - 6 years

Lila Hayward 1st place
Kimberlie Tetere 2nd place

Level 7-7 years

Jamie Watson 1st place
Millie Kelleher 5th place
Maya Hayward 10th place
Phoebe speed 14th place

Level 6-8 years

Thea blades 6th place

Level 6-9 years

Sophie Sheeran 17th place

ROUND 2

Level 7-8 years

Poppy Overton 1st place
Maddison cleaver 11th place
Lily Overton 13th place
Phoebe Robinson 14th place
Emily Anderson 18th place

Level 7-9 years

Regan Gamwell 2nd place
Lacey Taylor 7th place

Level 6-10 years

Emma Mitchell 11th place
Chloe Verrall 14th place
Madeline Enderby 18th place
Jasmine Seviour-Wilkinson 21st place

ROUND 3

Level 6-11 years

Amelie Bogg 1st place
Laila Hall 2nd place
Hannah Klab 6th place

Level 6-12 years

Erin Bride 1st place
Isabella Redgwell 3rd place
Poonsawat Sakounlaphoum 10th place
Emily Jackson 12th place
Amelia Macdonald 14th place
Daisy Atkin 16th place
Ellie Mattison 17th place

Level 7-10 years

Emily Pegg 2nd place
Holly Ardron 4th place
Olivia Stephenson 6th place

Overall results all ages level 7

Poppy Overton 5th overall all pieces
Poppy Overton 3rd overall floor
Regan Gamwell 3rd overall all pieces
Regan Gamwell level 7 bar champion

Overall results all ages level 6

Emma Mitchell vault champion