



# LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

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## Summer Closing

The club is closed for two weeks in the school summer holidays. For the first week of the school holiday - namely closed on Saturday 23rd July for a week, and re-opening on Saturday 30th July. Classes continue as normal then throughout August until we close for our second week on Saturday 27th August, re-opening on Saturday 3rd September 2022.

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## Farewell and Good Luck to Shannon

Shannon Black, our Level 2 coach, left us at the end of June to return home to the North East before working abroad over the summer and onto pastures new. Shannon has been a great asset to our coaching team and will be greatly missed by everyone at the club, including the gymnasts. A presentation was made by the club to Shannon on her last training session and we wish her all the best for the future.

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## New Coaches!

Mallissa Mullin, who is a member of the club's committee as well as a gymnast parent, and Freya Byers, who is an ex-gymnast of the club, have both qualified as Level 1 assistant coaches. Congratulations to them both. They are wonderful additions to our coaching team and a great asset to the club 😊

We are always looking for volunteers, budding new coaches and even judges. So if you are interested, even if you have no experience of gymnastics (as many of our parent coaches didn't), then please speak to Melissa, our Head Coach, or a member of the coaching team/committee.

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## County GFA Competition 8<sup>th</sup> May 2022

Eight gymnasts from our floor & vault squad represented the club and competed at the County's first ever GFA competition at Spalding on Sunday 8<sup>th</sup> May 2022. This was the first county competition for the gymnasts and it was competed over all four pieces: vault, bars, beam and floor. Considering they only had a short time to train their routines on bars and beam, as they had previously only trained floor and vault, they all performed their routines so well and were a real credit to the club.

In the 9 years age group, Isobel Peacock came 7<sup>th</sup> and Alyssa Watt 9<sup>th</sup>

In the 10 years age group, Lucy Thompson came 7<sup>th</sup>, Megan Thompson 9<sup>th</sup> & Amelia Nixon-Deal 10<sup>th</sup>

In the 11 years age group, Holly Townend came 2<sup>nd</sup> winning the silver medal and Lilly Stones 4<sup>th</sup>

In the 12 years age group, Mollie Latchem came 2<sup>nd</sup> winning the silver medal

Holly Townend also came joint 1<sup>st</sup> on floor and jointly winning the floor trophy over all ages and all levels.

Well done to all the gymnasts. You should all be very proud of yourselves 😊

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## Annual Club Competition 21<sup>st</sup> & 22<sup>nd</sup> May 2022

A record breaking 186 gymnasts entered the club competition over the weekend of 21<sup>st</sup> & 22<sup>nd</sup> May. Every single gymnast was a credit to the club and their families and should be very proud of their achievements. It was a fun competition and everyone seemed to have a great day, with all gymnasts performing their routines well. Everyone who entered received a Certificate in recognition of their efforts and a list of the medal winners is printed on the next page.

The raffles and the 50/50 raffle over the two days raised an amazing £590 for the club's equipment fund. This has already been spent by the coaches who have put it towards to the cost of a new springboard, a new trampette and a cartwheel mat to benefit all our gymnasts.

A massive thank you goes to all the committee members and coaches who gave up their whole weekend to make the competition such a massive success. Thanks also go to the squad gymnasts who after competing on Saturday came along on Sunday to help run the recreational competition and acted as runners etc., and performed their floor routines. Events like this simply would not happen without you all, so on behalf of the club thank you.

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The squad gymnasts performed their amazing “extravaganza” display on the Saturday - the video of the display was sent to the Theatre Royal following an invitation, and based on this they qualified to perform a display at there in an Age UK Talent show in August!

## 2022 Annual Club Competition Results

### Rec 1 Boys

**1<sup>st</sup> Seth Townend**

### Rec 1 Girls

4yrs 8mths to 11mths	1 <sup>st</sup> Willow Tinker	2 <sup>nd</sup> Amelia Krumina	3 <sup>rd</sup> Phoebe Revill	4 <sup>th</sup> Remi Hought & Rosie Sturton
5yrs to 5yrs 2mths	1 <sup>st</sup> Sofia Pountney	2 <sup>nd</sup> Charlotte Kersey	3 <sup>rd</sup> Poppy Raynor	
5yrs 3mths to 4mths	1 <sup>st</sup> Mei Han Lee	2 <sup>nd</sup> Oliwia Skalska	3 <sup>rd</sup> Maya Brown & Isla Stephenson	4 <sup>th</sup> Mollie Whisker
5yrs 5mths to 7mths	1 <sup>st</sup> Madeleine Standen	2 <sup>nd</sup> Rosie Walls	3 <sup>rd</sup> Martha Williams	4 <sup>th</sup> Maliya Francis
5yrs 8mths to 11mths	1 <sup>st</sup> Helena Kowara	2 <sup>nd</sup> Charlotte Llewelyn	3 <sup>rd</sup> Olivia Riley	4 <sup>th</sup> Lydia Billinghamurst
6yrs to 6yrs 2mths	1 <sup>st</sup> Delilah Swain	2 <sup>nd</sup> Chloe Pacey & Katrina Ringe		4 <sup>th</sup> Brianna Smith & Lily Tinker
6yrs 3mths +	1 <sup>st</sup> Evelyn Penney	2 <sup>nd</sup> Eilidh Cassey	3 <sup>rd</sup> Elyssa Clough	4 <sup>th</sup> Ellea Robinson
Rec 1 Vault	1 <sup>st</sup> Evelyn Penney	2 <sup>nd</sup> Chloe Pacey	3 <sup>rd</sup> Helena Kowara	
Rec 1 Trampoline	1 <sup>st</sup> Evelyn Penney & Delilah Swain		3 <sup>rd</sup> Madeleine Standen, Helena Kowara & Eilidh Cassey	
Rec 1 Floor	1 <sup>st</sup> Evelyn Penney	2 <sup>nd</sup> Delilah Swain	3 <sup>rd</sup> Eilidh Cassey	
<b>Rec 1 Overall</b>	<b>1<sup>st</sup> Evelyn Penney</b>	<b>2<sup>nd</sup> Delilah Swain</b>	<b>3<sup>rd</sup> Eilidh Cassey</b>	<b>4<sup>th</sup> Chloe Pacey &amp; Katrina Ringe</b>

### Rec 2 Boys

Vault	1 <sup>st</sup> Hugo Pieters-Roper	2 <sup>nd</sup> Shen Bennett		
Trampoline	1 <sup>st</sup> Shen Bennett	2 <sup>nd</sup> Hugo Pieters-Roper		
Floor	1 <sup>st</sup> Hugo Pieter-Rope & Shen Bennett			
<b>Rec 2 Boys overall</b>	<b>1<sup>st</sup> Shen Bennett</b>	<b>2<sup>nd</sup> Hugo Pieters-Roper</b>		

### Rec 2 Girls

5yrs 6mths to 6yrs	1 <sup>st</sup> Daisy Bell	2 <sup>nd</sup> Millie Swift & Alexis Grech	4 <sup>th</sup> Emily Mills & Martha Smith	
6yrs 6mths	1 <sup>st</sup> Ellie Dickinson	2 <sup>nd</sup> Nia Policarpo	3 <sup>rd</sup> Eleanor Brayfield	4 <sup>th</sup> Georgia Nash
7yrs	1 <sup>st</sup> Evelyn Langley	2 <sup>nd</sup> Millie Turnbull	3 <sup>rd</sup> Pippa Bradley & Lilly Hollingsworth	
7yrs 6mths	1 <sup>st</sup> Isla Voakes	2 <sup>nd</sup> Mia Williams	3 <sup>rd</sup> Grace Warnock	4 <sup>th</sup> Elsie Portelli
8yrs +	1 <sup>st</sup> Ella Curtis	2 <sup>nd</sup> Amelie Stephenson	3 <sup>rd</sup> Isla Robinson	4 <sup>th</sup> Rose Jones & Scarlett Sellars
Rec 2 Vault	1 <sup>st</sup> Ellie Dickinson	2 <sup>nd</sup> Ella Curtis & Isla Voakes		
Rec 2 Trampoline	1 <sup>st</sup> Ella Curtis & Ellie Dickinson		3 <sup>rd</sup> Nia Policarpo	
Rec 2 Floor	1 <sup>st</sup> Ella Curtis	2 <sup>nd</sup> Ellie Dickinson, Darcie Elkins & Amelie Stephenson		
<b>Rec 2 Overall</b>	<b>1<sup>st</sup> Ella Curtis</b>	<b>2<sup>nd</sup> Ellie Dickson</b>	<b>3<sup>rd</sup> Amelie Stephenson</b>	<b>4<sup>th</sup> Isla Robinson</b>

### Rec 3 Boys

1<sup>st</sup> ER

### Rec 3 Girls

7yrs 6mths	1 <sup>st</sup> Connie Headon	2 <sup>nd</sup> Georgia Revill	3 <sup>rd</sup> Georgia Green	
8yrs	1 <sup>st</sup> Zoe Magill	2 <sup>nd</sup> Evelyn Melbourne	3 <sup>rd</sup> Eleni Frangeskou	4 <sup>th</sup> Sophie Grech
8yrs 6mths	1 <sup>st</sup> Dante Pieters-Roper	2 <sup>nd</sup> Claudia Olayo	3 <sup>rd</sup> Polly Kemp	4 <sup>th</sup> Olivia Greaves
9yrs	1 <sup>st</sup> Hannah Hoad	2 <sup>nd</sup> Hanna Klab	3 <sup>rd</sup> Teleah Oxbby	4 <sup>th</sup> Taylor Frankland
9yrs 6mths	1 <sup>st</sup> Sienna Carr-Hoskins	2 <sup>nd</sup> Anfisa Senkova	3 <sup>rd</sup> Imogen Brown	4 <sup>th</sup> Isla Standen
10yrs	1 <sup>st</sup> Niamh Flowers	2 <sup>nd</sup> Mia Parnell	3 <sup>rd</sup> Lacie Barker & Noemi Policarpo	
Rec 3 Vault	1 <sup>st</sup> Sienna Carr-Hoskins	2 <sup>nd</sup> Zoe Magill	3 <sup>rd</sup> Niamh Flowers	

Rec 3 Trampoline	1 <sup>st</sup> Sienna Carr-Hoskins & Zoe Magill	3 <sup>rd</sup> Isla Standen & Mia Parnell		
Rec 3 Floor	1 <sup>st</sup> Dante Pieters-Roper	2 <sup>nd</sup> Sienna Carr-Hoskins	3 <sup>rd</sup> Connie Headon, Mia Parnell & Noemi Policarpo	
<b>Rec 3 overall</b>	<b>1<sup>st</sup> Sienna Carr-Hoskins</b>	<b>2<sup>nd</sup> Zoe Magill &amp; Niamh Flowers</b>	<b>4<sup>th</sup> Connie Headon</b>	
<b><u>Advanced</u></b>				
11 & Under	1 <sup>st</sup> Jaimie Watson	2 <sup>nd</sup> Eliza Dodds	3 <sup>rd</sup> Daisy Anderson	4 <sup>th</sup> Sofia Evison
12 & Over	1 <sup>st</sup> Chloe Pennington	2 <sup>nd</sup> Genevieve Gale	3 <sup>rd</sup> Scarlett Verrall	4 <sup>th</sup> Scarlett Walker
Advanced Vault	1 <sup>st</sup> Jaimie Watson, Chloe Pennington & Scarlett Verrall			
Advanced Bars	1 <sup>st</sup> Jaimie Watson	2 <sup>nd</sup> Eliza Dodds	3 <sup>rd</sup> Irene Casado Garcia	
Advanced Beam	1 <sup>st</sup> Jaimie Watson	2 <sup>nd</sup> Genevieve Gale	3 <sup>rd</sup> Chloe Pennington	
Advanced Floor	1 <sup>st</sup> Jaimie Watson	2 <sup>nd</sup> Chloe Newton	3 <sup>rd</sup> Eliza Dodds	
<b>Advanced Overall</b>	<b>1<sup>st</sup> Jaimie Watson</b>	<b>2<sup>nd</sup> Chloe Pennington</b>	<b>3<sup>rd</sup> Genevieve Gale</b>	<b>4<sup>th</sup> Scarlett Verrall</b>
<b><u>Floor &amp; Vault Squad (GFA squad)</u></b>				
Vault	1 <sup>st</sup> Holly Townend	2 <sup>nd</sup> Mollie Latchem & Alexandra Parkinson		
Bars	1 <sup>st</sup> Holly Townend	2 <sup>nd</sup> Isobel Peacock	3 <sup>rd</sup> Lilly Stones	
Beam	1 <sup>st</sup> Holly Townend	2 <sup>nd</sup> Alexandra Parkinson	3 <sup>rd</sup> Amelia Nixon-Deal	
Floor	1 <sup>st</sup> Holly Townend	2 <sup>nd</sup> Alexandra Parkinson	3 <sup>rd</sup> Lilly Stones	
<b>Floor &amp; Vault Overall</b>	<b>1<sup>st</sup> Holly Townend</b>	<b>2<sup>nd</sup> Alexandra Parkinson</b>	<b>3<sup>rd</sup> Mollie Latchem</b>	<b>4<sup>th</sup> Lilly Stones</b>
<b><u>Imps – Brass</u></b>				
Vault	1 <sup>st</sup> Nicole Karpejeva & Maisie Buckthorp		3 <sup>rd</sup> Arabella Goodall	
Bars	1 <sup>st</sup> Nicole Karpejeva	2 <sup>nd</sup> Maisie Buckthorp	3 <sup>rd</sup> Daisy Smith	
Beam	1 <sup>st</sup> Arabella Goodall	2 <sup>nd</sup> Nicole Karpejeva	3 <sup>rd</sup> Daisy Smith	
Floor	1 <sup>st</sup> Daisy Smith	2 <sup>nd</sup> Arabella Goodall & Maisie Buckthorp		
<b>Imps Brass Overall</b>	<b>1<sup>st</sup> Nicole Karpejeva</b>	<b>2<sup>nd</sup> Maisie Buckthorp</b>	<b>3<sup>rd</sup> Arabella Goodall</b>	<b>4<sup>th</sup> Daisy Smith</b>
<b><u>Imps – Nickel</u></b>				
Vault	1 <sup>st</sup> Poppy Waite	2 <sup>nd</sup> Lois Evison	3 <sup>rd</sup> Alysha Holt & Scarlett Melbourne	
Bars	1 <sup>st</sup> Lois Evison	2 <sup>nd</sup> Poppy Waite	3 <sup>rd</sup> Scarlett Melbourne	
Beam	1 <sup>st</sup> Poppy Waite	2 <sup>nd</sup> Lois Evison	3 <sup>rd</sup> Olivia Turner	
Floor	1 <sup>st</sup> Poppy Waite	2 <sup>nd</sup> Emily Knowles & Lois Evison		
<b>Imps Nickel overall</b>	<b>1<sup>st</sup> Poppy Waite</b>	<b>2<sup>nd</sup> Lois Evison</b>	<b>3<sup>rd</sup> Olivia Turner</b>	<b>4<sup>th</sup> Alysha Holt</b>
<b><u>Zinc Level</u></b>				
Vault	1 <sup>st</sup> Lily Overton	2 <sup>nd</sup> Matilda Mullin	3 <sup>rd</sup> Kimberlie Tetera	
Bars	1 <sup>st</sup> Matilda Mullin	2 <sup>nd</sup> Eva Taylor	3 <sup>rd</sup> Shayla Wilson	
Beam	1 <sup>st</sup> Matilda Mullin	2 <sup>nd</sup> Mia Haxby	3 <sup>rd</sup> Eva Taylor	
Floor	1 <sup>st</sup> Matilda Mullin, Mia Haxby & Phoebe Speed			
<b>Zinc overall</b>	<b>1<sup>st</sup> Matilda Mullin</b>	<b>2<sup>nd</sup> Mia Haxby</b>	<b>3<sup>rd</sup> Lily Overton</b>	<b>4<sup>th</sup> Eva Taylor</b>
<b><u>Copper Level</u></b>				
Vault	1 <sup>st</sup> Lacey Taylor	2 <sup>nd</sup> Amelia Macdonald	3 <sup>rd</sup> Hanna Klab & Isla McGinn	
Bars	1 <sup>st</sup> Lacey Taylor	2 <sup>nd</sup> Amelia Macdonald	3 <sup>rd</sup> Hanna Klab	
Beam	1 <sup>st</sup> Hanna Klab	2 <sup>nd</sup> Poppy Overton	3 <sup>rd</sup> Amber Drayton	
Floor	1 <sup>st</sup> Isla McGinn	2 <sup>nd</sup> Lacey Taylor	3 <sup>rd</sup> Poppy Overton	
<b>Copper overall</b>	<b>1<sup>st</sup> Lacey Taylor</b>	<b>2<sup>nd</sup> Hanna Klab</b>	<b>3<sup>rd</sup> Isla McGinn</b>	<b>4<sup>th</sup> Poppy Overton</b>
<b><u>Bronze Level</u></b>				
Vault	1 <sup>st</sup> Neve McGinn & Amelie Bogg		3 <sup>rd</sup> Antenna Mohammadi	
Bars	1 <sup>st</sup> Neve McGinn	2 <sup>nd</sup> Antenna Mohammadi	3 <sup>rd</sup> Olivia Blades	
Beam	1 <sup>st</sup> Neve McGinn	2 <sup>nd</sup> Amelie Bogg	3 <sup>rd</sup> Antenna Mohammadi	
Floor	1 <sup>st</sup> Neve McGinn	2 <sup>nd</sup> Antenna Mohammadi	3 <sup>rd</sup> Olivia Blades	
<b>Bronze overall</b>	<b>1<sup>st</sup> Neve McGinn</b>	<b>2<sup>nd</sup> Antenna Mohammadi</b>	<b>3<sup>rd</sup> Amelie Bogg</b>	<b>4<sup>th</sup> Olivia Blades</b>

**\*\*\*2022 Club Champion – Neve McGinn\*\*\***