

January 2022

\*\*229<sup>th</sup> Edition\*\*



# LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

**Happy New Year to our gymnasts and their families  
and a warm welcome to our new gymnasts 😊**

## **Easter Closing Dates**

Classes continue now through the school February half-term holiday until Easter. The club closes for one week in the Easter holidays and we will close **after** training on Wednesday 13<sup>th</sup> April 2022. So will be closed on Thursday 14<sup>th</sup> April and re-open on Wednesday 20<sup>th</sup> April 2022.

## **February Half-Term Holiday Club**

Whilst the club is open for our evening and Saturday classes as usual in the February half-term, we will be holding the following day-time holiday clubs, £15 per session per gymnast, payable on booking please:

Tuesday 15<sup>th</sup> February 9.00am to 12 noon – for Rec 1, 2 & 3 classes

Thursday 17<sup>th</sup> February 9.00am to 12 noon – for Imps, Baron & Knight squads

Friday 18<sup>th</sup> February 9.00am to 12 noon – for Floor & Vault squad, Advanced & Rec 1, 2 & 3 classes

To book a place please email Melissa at [melissaheadcoachlccg@gmail.com](mailto:melissaheadcoachlccg@gmail.com) and make payment by bank transfer, or cash/card at the club to confirm your place. Gymnasts to please bring a drink and snack with them.

## **Subs Increase**

Thank you to everyone who has increased their monthly standing order in line with our letter emailed to all members in December. For anyone that has forgotten to increase their standing order from 1<sup>st</sup> January (recreational 1, 2 & 3 classes £21 per month, Advanced recreational classes £31 per month, and the squads as per their letter) could you please pay the balance outstanding by bank transfer or cash/card at the club and ensure your standing orders are increased by 1<sup>st</sup> February. Thank you.

## **Awards Evening & Party Night – Saturday 2<sup>nd</sup> April 2022 😊**

We are pleased to announce that this year we will be able to hold our annual awards evening on Saturday 2<sup>nd</sup> April 2022 at Windmill Farm, Whisby Road, Lincoln LN6 3QZ, from 7.00 pm to 11.00 pm. This is a fun party evening with a disco, lots of party games for the children and adults, a raffle (all donations gratefully received at the club) and lots of awards for the gymnasts for their achievements in 2021. Coaches' awards will be presented for each coaches' group in every recreational class and squad, as well as other special awards. Tickets are £6 each for children & adults and are now on sale at the club. Numbers are limited so please don't leave it too late to get your tickets and miss out on this fun evening! Children must be accompanied by an adult.

## **Lincoln City Gym Club Annual Membership 2022**

The club's annual membership for 2022 is now due and parents have been emailed the 2022 membership form for completion and return with the membership fee by 31<sup>st</sup> January 2022. The LCGC club membership form and fee are required as all gymnasts have to be members of the club, renew their membership annually, and so we have up to date emergency contact details, medical information and publicity preferences for our records in accordance with our club rules and the requirements of being a Community Amateur Sports Club. This is not to be confused with the British Gymnastics membership which is due annually in September each year. If anyone has not received the email with the form or are not able to complete it online, copies are available at the club and the membership fee can be paid at the club by cash/card if you cannot pay by bank transfer.

## **AGM - Saturday 12<sup>th</sup> March 2022 - 4.00pm at the Club**

We will be holding our AGM at the club on Saturday 12<sup>th</sup> March 2022 at 4.00 pm. If you have ever wondered how the club is run (we are all either parents of gymnasts or ex-gymnasts, or coaches, and most of us had no knowledge about running a club before we joined the committee), or have any spare time and would like to get involved, please come

along and join us for a cup of tea/coffee and a biscuit and find out more about the club. We are always looking for new members and/or volunteers, and you don't need to be an expert in gymnastics or running a club/business. Everyone has something to offer and everyone is welcome!

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### **Pre-School Classes**

We have spaces available in our new pre-school classes on a Friday morning for 45 minutes (in school term-time), for boys or girls aged 3 or 4 (not in full-time education). They are £5 per session (payable per term). If anyone has any younger children/siblings or family or friends with children that are interested, please email us at [LCGC-1@outlook.com](mailto:LCGC-1@outlook.com) or message us on our Facebook page.

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### **Club Kit**

We still have some sale leotards available in limited sizes (short sleeved velour leotards £5 and long-sleeved velour leotards £8). If you are interested, please speak to one of our coaches at the gym. We also have personalised hoodies available to order at any time (children's sizes £18 and adults £21 including personalisation). Order forms available at the club and payment is required at the time of order. We have a stock of matching leggings with LCGC in diamante (£15) at the club, and we have a good stock of our recreational and squad leotards.

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### **Covid Update**

We are keeping all of our current Covid safe measures in place due to the high number of the Omicron variant cases at present in the county, including unfortunately no spectators in the gym. The committee is reviewing the situation continually and will update you regularly, but we hope you will understand that we have taken this decision to keep all our gymnasts and coaches safe! You may from time to time see our volunteer committee members coming into the gym to help the coaches with the cleaning we are undertaking between sessions as part of our covid measures, and to ensure that this doesn't impact on the gymnasts training times. Please be assured that they are all triple jabbed and wear masks when they are in the gym and are regularly lateral flow testing. Could we please reinforce that if your gymnast shows symptoms of Covid, or are feeling generally unwell for any reason, that you please do not bring them to gym. They will not enjoy their session if they are feeling unwell, and again, this is for the safety of other gymnasts and our coaching team.

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Please call **01522 262022** or use our **Facebook** page to advise if your child is unable to attend a session - we may not reply, but are grateful to know.  
[www.lincolncitygymclub.org](http://www.lincolncitygymclub.org)