



LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

September Newsletter

Welcome back to all our members, including our new members and our pre-school gymnasts that have joined Rec 1 classes following our summer break. Gymnastics continues now through autumn half-term until the Christmas break – details of when we break up for Christmas and New Year will be in our next newsletter.

Covid-19 Update

As cases are still high in Lincolnshire, the committee has taken the decision to follow British Gymnastics guidance and keep the safety measures in place, with staggered sessions, cleaning between sessions, separate entrance and exit for gymnasts, coaches wearing masks when supporting where appropriate, no spectators in the gym etc. We hope that you will understand that we have taken this decision for the safety of our gymnasts and coaches, which is our paramount concern.

Renewal of British Gymnastics Membership

The annual British Gymnastics insurance is due for renewal from 1st October 2021 for the year 2021/2022. All gymnasts must have this in place by 30th October. As a club we have recently completed the registration declaration. British Gymnastics will shortly email all existing members with a link to complete the renewal. New members will need to go to the British Gymnastics home page and click on the link there to register gymnasts. The annual fee is £19 for all our recreational and squad gymnasts, and the annual fee for our pre-school gymnasts is £13. You will pay this direct to British Gymnastics when you complete the renewal/registration. Please ensure that for new members you link to Lincoln City Gym Club. British Gymnastics will inform us when your renewal/registration has been completed. Thank you.

Goodbye and Good Luck to Erin ☺

Our lovely coach, Erin Hunt, is leaving us to start University in Nottingham in September. Erin was a gymnast with the club from a young age, first in recreational classes and then progressing through our squads and competing in county and regional competitions, before becoming a volunteer coach and achieving her Level 1 coaching award. She has been a wonderful asset to our coaching team and will be greatly missed by our gymnasts, coaches and committee. We wish her all the best at university and hope she will come back and see us during her university holidays.

Introduction to Our Newly Qualified Coaches

Three of our volunteer coaches, Abbie Green, Emma Blades and Kelsie Macdonald, managed to undertake their Level 1 coaching courses in the midst of the pandemic and all on-line, having to video their coaching skills for their exam and then taking their exam on-line - no mean feat and a great achievement. Very well done to you all! They are all now coaching their own classes and are a very welcome addition to our coaching team.

Safeguarding Message

Can we please ask that parents please come to the exit door to collect their gymnasts at the end of their session. With the night's drawing in now and for safety reasons, the coaches will not let gymnasts out until their parent/guardian comes to the door to collect them, as it is not safe for them to be wandering round the car park, especially with a lot of cars driving in and out. Thank you.

Pre-School Classes

Our pre-school classes resume on 1st October. If anyone has any siblings or relatives/friends that would like a space (3 to 4 year olds who are not at school), please email the club at LCGC-1@outlook.com.

Annual Summer Competitions

We held two competitions over the summer. Sunday 25th July was the recreational and floor & vault squad competition and on Sunday 29th August the women's artistic squad competition. Both competitions were well attended and the gymnasts all performed really well and were a credit to both the club and you as parents. Everyone who competed received a participation medal in recognition of their achievements.

Whilst due to Covid-19 we were not able to have spectators, the coaches and volunteers gave the gymnasts lots of encouragement and a great time was had by all. Lots of photos/videos were taken, which hopefully you have all seen on our closed Facebook page (if any member wishes to join our closed Facebook page, please apply and you will be accepted by our administrators). The Roll of Honour for both competitions was emailed to parents.

We set out below the complete Roll of Honour with the overall champions at each level. We are pleased to announce that the 2021 Club Champion was Brooke Spencer who retained her title. Well done Brooke and well done to everyone that competed, whether they won competition medals or not, they should all be very proud of themselves 😊

Summer 2021 Annual Competition Roll of Honour

Rec 1 Girls Champion	Nia Policarpo
Rec 1 Boys Champion	Ollie Hoad
Rec 2 Girls Champion	Molly Klab
Rec 2 Boys Champion	ER
Rec 3 Girls Champion	Sienna Carr-Hoskins
Rec 3 Boys Champion	Luke Bally
Advanced Rec Champion	Amelia Macdonald
Floor & Vault Primary 1 Champion	Holly Townend
Floor & Vault Advanced + Champion	Emma Green
County Level 7 Champion	Sophia Ison and Sophie Roberts
County Level 6 Champion	Scarlett Melbourne
County & Regional Zinc Champion	Mia Haxby
County & Regional Copper Champion	Olivia Blades
County & Regional Bronze Champion	Brooke Spencer

2021 CLUB CHAMPION – BROOKE SPENCER

Please call **01522 262022** or use our **Facebook** page to advise if your child is unable to attend a session - we may not reply, but are grateful to know.
www.lincolncitygymclub.org