

October 2022

234th Edition



LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

Christmas & New Year Closing

Classes continue through half-term school holiday until Christmas when we close for our two-week Christmas & New Year break, closing after training on Tuesday 20th December 2022 and re-opening on Wednesday 4th January 2023.

Congratulations to Katie 🎉

Congratulations to our coach, Katie Johnson who has passed her Women's Artistic Level 2 Coaching course. Well done Katie on behalf of everyone at LCGC.

Christmas Challenge Competition Saturday 26th & Sunday 27th November 2022

Just a reminder that we are holding our annual Christmas Challenge Competition over the weekend of Saturday 26th and Sunday 27th November 2022. This fun competition open to all our gymnasts – from our youngest Rec 1 gymnasts, through to all the squads. The squads will compete on Saturday 26th November and the recreational classes - Rec 1, Rec 2, Rec 3 and Advanced, will compete on Sunday 27th November. Timings will be announced once the entry numbers are known. Every gymnast who enters will get a special Christmas participation medal and a bespoke t-shirt as a memento of the competition with a special design on the front and the names of all the gymnasts who enter on the back. The closing date for entries is **by 4.00 pm on Saturday 29th October 2022** and the entry fee is £20 per gymnast (to help cover the costs of the competition & includes a t-shirt). We regret we cannot accept entries and payment after that date, so please get your entries in to avoid disappointment! Everyone should have been emailed an entry letter, but if you haven't received one, please ask for a copy at the club. There will be medals awarded for each age group/class or squad as well as overall for each piece of apparatus. We will be holding raffles in each round and hopefully a grand raffle over the whole weekend. Donations for the raffle to make up hampers would be greatly appreciated and can be handed in at the gym at any time before the competition.

Welfare Notices

As the nights are drawing in, we please ask that parents bring their gymnasts into the gym and also collect them. As a safeguarding and welfare matter, the coaches cannot allow gymnasts to walk across the car park in the dark.

Also, please can parents only bring their gymnasts to the gym **5-minutes before their classes start**. We've had instances where parents have dropped their gymnasts off well before their training starts and before the earlier class has finished. This causes congestion in the limited car parking and also the coaches need to tidy the gym and set up for the next session in the 15-minute break between classes. We would ask that you please wait until the coaches invite you into the gym in time for the session to start. Your co-operation would be greatly appreciated. Thank you, **Adele Bogg & Claire Speed - LCGC Welfare Officers**.

British Gymnastics Membership & Insurance Renewal

All gymnasts should now have either renewed their BG membership and insurance for existing members, or registered for new members. This is due annually on 1st October, and as a British Gymnastics club and in accordance with our club rules, all gymnasts must be members of British Gymnastics. **Any gymnast who is not registered will regrettably not be allowed to train until they are registered and insured.**

Club Shop

As well as having recreational and squad leotards in stock at the club, we also have our hoodies available to order. These can be personalised with your child's name on the back and come in overhead or zip-up. They are £18 for child sizes & £22 for adults. Order forms are available at the club with payment to be made at the time of order.

We are also introducing new bespoke training leotards to our collection. These are navy blue with LCGC in crystal stones on the front. These will be available to order shortly – please see the poster in gym for design and more details. Order forms are available at the club.

WA Squads County & Regional Competitions

During September and October, gymnasts from the Imps, Barons & Knights squads, have been busy competing in county and regional competitions, and what a season they have had! Some of the best results for the club ever! Even more of an achievement as they have not competed in county competitions since 2019 due to Covid-19, and some have never had the opportunity to compete due to Covid-19, which makes their success even more special. Every gymnast should be proud of what they have achieved. They were a real credit to the club we are all very proud of you. A full report of the competitions is set out below.

Lincolnshire Classic Challenge competition - 18th September 2022

The Knights and some of the Barons competed in the Lincolnshire Classic Challenge competition at Zinc and Copper:

Zinc

8 & 9 years 3rd Matilda Mullin
10 years 1st Mia Haxby, 7th Phoebe Speed and 8th Eva Taylor
11 years 1st Poppy Overton and 4th Lily Overton
Overall Vault 1st Mia Haxby
Overall Beam = 1st Poppy Overton & Mia Haxby
Zinc Overall 1st Mia Haxby and 5th Poppy Overton (who both qualified for the Lincolnshire Zinc Team to represent Lincolnshire at the East Midlands County Team competition)
Zinc County Champion 2022 - Mia Haxby

Copper Level

11 & 12 years 6th Atenna Mohammadi and 7th Lacey Taylor
13 years 9th Amber Drayton
14+ years 3rd Neve McGinn, 9th Amelie Bogg, 10th Hanna Klab, 12th Amelia Macdonald, 13th Olivia Blades and 14th Isla McGinn
Overall Beam 5th Amber Drayton
Overall Floor 2nd Amelia Macdonald and 5th Atenna Mohammadi
Copper Overall 5th Neve McGinn – (Neve qualified for the Copper Team to represent Lincolnshire at East Midlands County Team Competition)

Lincolnshire Brass & Nickel Competition – 2nd October 2022

The Imps and some of the younger Barons competed at the Lincolnshire Brass & Nickel Competition.

Brass

6 years 1st Arabella Goodall
7 years 2nd Sophia Ison, 7th Sophia Cuffley, 8th Daisy Smith, 10th Maisie Buckthorp, 11th Nicole Karpejeva and 12th Olivia Sturton
8 years 2nd Jessica Jones, 4th Sophie Roberts, 6th Ola Kubiak, 10th Isla Martin and 13th Darcie Elkins
9 years 10th Ella Curtis
Overall Vault 5th Nicole Karpejeva
Overall Beam 5th Sophia Ison
Overall Floor = 1st Arabella Goodall & Nicole Karpejeva, 3rd Sophia Ison and 4th Ola Kubiak
Brass Overall 5th Arabella Goodall and 6th Sophia Ison

Nickel

7 & 8 years 4th Alysha Holt
9 years 5th Emilia Clements, = 8th Kimberlie Tetere & Lois Evison, 11th Scarlett Melbourne, 13th Emily Knowles
14th Isabella Naylor and 17th Chloe Heathershaw
10 years 1st Poppy Waite, 9th Lacey Page, 10th Shayla Wilson and 16th Olivia Turner
11 years 11th Thea Blades
Overall Vault 2nd Poppy Waite, 4th Alysha Holt and 6th Emilia Clements
Overall Bars 4th Poppy Waite and 5th Alysha Holt
Overall Floor 1st Poppy Waite, 4th Thea Blades and 5th Alysha Holt
Nickel Overall 5th Poppy Waite

East Midlands County Teams Competition – 15th October 2022

Mia Haxby and Poppy Overton competed as part of the Lincolnshire Zinc Team who came 2nd taking silver medals. Mia Haxby also came 5th overall in the individual placings.

Neve McGinn competed as part of the Lincolnshire Copper team who came 4th narrowly missing bronze.

Please call **01522 262022** or use our **Facebook** page to advise if your child is unable to attend a session - we may not reply, but are grateful to know. www.lincolncitygymclub.org