

December 2023 

241st Edition



LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

Christmas & New Year closing

The club will close for Christmas after training at 9.00 pm on Wednesday 20th December 2023 and re-open at 4.00 pm on Thursday 4th January 2024. We wish all of our gymnasts and families a very Merry Christmas and a Happy New Year!

Christmas Competition Saturday 9th and Sunday 10th December 2023

We have had a record number of entries for our Christmas Competition this weekend and hope you and your gymnasts enjoy this fun, friendly competition. For those not entered, please remember there will be no classes this weekend to accommodate the competition. Every gymnast who competes will receive a special medal in recognition of their efforts plus there will be medals galore for the winners at each level on each piece. Please arrive promptly for registration (but not too early as you won't be able to enter until the previous round has left). There will be refreshments for sale, and we will also be holding raffles in each round (thank you to everyone that has donated towards the raffle), and a 50/50 raffle over the whole weekend, where the winner gets half the prize pot with the other half going to the club's equipment fund. Please ensure your gymnast has a drink in a sports bottle, as we will not be able to provide gymnasts with drinks. Spectator entry is £2 per person and unfortunately we must limit spectators to two adults (or one adult and one child, unless child shares a chair with a parent), due to limited viewing space. Parking outside the gym is strictly reserved for competition officials only, so please plan for alternative parking offsite. **Parking outside the other businesses on site is not permitted due to them being open or needing access to their units.** Please give all the gymnasts lots of encouragement as for many it will be their first competition and we wish all the gymnasts good luck and hope you all enjoy the competition. A big thank you to all the coaches, judges, committee, and volunteers who are giving up their weekend to run the competition.

Cash For Kids

The club has now received a massive £7,405 towards our new equipment fund from the Cash For Kids Sports Challenge. We came 3rd in the competition winning £1,500, and coach Abi secured us £500 by winning "the club with the best social media campaign", which was well deserved for all her posting every day of the campaign! We are so grateful to everyone who donated and took part with the Smarties challenge, painted breeze blocks, designed leotards, and bought backpacks and sports bottles 😊 Along with monies previously raised, this has enabled us to place an order for the new beam area, which will see new beams, as well as full integrated matting for all the beams, which will be enjoyed by all our gymnasts when fitted.

New Coach – Emma Green

Congratulations to Emma who passed her Level 1 coaching exam in November. She has for a long while been an asset to our coaching team as a volunteer and will only enhance our wonderful coaching team as a qualified coach.

Welfare Notice

Can we please just remind parents that, particularly due to it getting dark earlier, they must bring their gymnasts into the gym and collect them from the gym. Gymnasts will not be allowed to leave the gym until their parent comes to the door to collect them for safeguarding and welfare reasons to ensure children are not walking across the car park alone when it is dark. Your co-operation with this would be greatly appreciated.

County and Regional Competitions

Our squad gymnasts have been very busy the past few months preparing for the county classic challenge competitions, putting in lots of hours at the gym perfecting their routines, and then showcasing them against the rest of Lincolnshire... and didn't they do well!! All gymnasts were a credit to the club and their families 😊

15th October – County Classic Bronze, Copper & Zinc competition

ZINC

Ages 8 & 9 years All Around	4 th Alysha Holt
Ages 10 & 11 years All Around	1 st Eva Taylor, 4 th Poppy Waite, 5 th Phoebe Speed
Ages 12 & 13 years All Around	5 th Lily Overton
Overall Vault 8 & 9 and 11 & 12 years-	1 st Poppy Waite, 2 nd Phoebe Speed, 3 rd Emilia Clements, 4 th Eva Taylor
Overall Vault 12 & 13 and 14+ years-	3 rd Lily Overton
Overall Bars 8 & 9 and 10-11 years-	2 nd Poppy Waite, 5 th Eva Taylor
Overall bars 12 & 13 and 14+ years-	5 th Lily Overton
Overall Beam 8 & 9 and 10 & 11 years-	3 rd Eva Taylor
Overall Floor 12 & 13 and 14+ years	6 th Lily Overton

Alysha Holt and Eva Taylor also qualified to represent Lincolnshire in the East Midlands Team Final

COPPER

9 & 10 years All Around	5 th Matilda Mullin
11 & 12 years All Around	3 rd Mia Haxby
13 & 14 years All Around	4 th Amber Drayton
15+ years All Around	5 th Amelie Bogg, 6 th Amelia Macdonald

Overall Vault 9 & 10 & 11 & 12 years	1 st Mia Haxby, 2 nd Matilda Mullin
Overall Vault 13-14 and 15+ years	= 2 nd Amelie Bogg, Hanna Klab and Amelia Macdonald
Overall Bars 9 & 10 and 11 & 12 years	3 rd Poppy Overton
Overall Bars 13 & 14 and 15+ years	4 th Amelie Bogg
Overall Beam 13 & 14 and 15+ years	3 rd Amber Drayton, 6 th Amelia Macdonald
Overall Floor 9 & 10 and 11 & 12 years	1 st Matilda Mullin
Overall Floor 13 & 14 and 15+ years	= 2 nd Liv Blades and Amelie Bogg, 6 th Amelia Macdonald

Matilda Mullin also qualified to represent Lincolnshire in the East Midlands Team Final

BRONZE 14 + years

All Around	2 nd Neve McGinn
Vault	1 st Neve McGinn
Bars	3 rd Neve McGinn
Beam	6 th Neve McGinn

BRONZE 11-13 years

Vault	2 nd Lacey Taylor
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4th November – Regional Zinc & Copper County Teams

<u>ZINC</u> Teams 8 & 9 years	3 rd Lincolnshire
ALYSHA HOLT – 5 th OVERALL VAULT 5 TH	
Zinc Team 10+ years	5 th Lincolnshire
Copper Teams 9 & 10 years	2 nd Lincolnshire
MATILDA MULLIN – 2 nd OVERALL VAULT and 4 th OVERALL FLOOR	

26th November – Lincolnshire County Classic Tin & Brass

<u>BRASS</u> 6 & 7 years All Around	4 th Florence Jones, 5 th Evelyn Penney
Overall Bars	3 rd Evelyn Penney

TIN

Tin 7 years All Around	3 rd Arabella Goodall
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Tin 8 years All Around
Tin 9 years All Around
Tin 10 years All Around
Tin 11 & 12 years All Around

2nd Nicole Karpejeva, 6th Sophia Ison
2nd Darcie Elkins, 5th Izzy Duke, 6th Jessica Jones
2nd Ella Curtis
4th Lacey Page

Overall Vault 7, 8 & 9 years
Overall Vault 10, 11 & 12 years
Overall Bars 7, 8 & 9 years
Overall Bars 10, 11 & 12 years
Overall Beam 7, 8 & 9 years
Overall Beam 10, 11 & 12 years
Overall Floor 7, 8 & 9 years

Overall Floor 10, 11 & 12 years

1st Sophie Roberts, 2nd Nicole Karpejeva
5th Ella Curtis
2nd Sophie Ison, 3rd Darcie Elkins, 6th Jessica Jones
4th Emily Knowles, 6th Ella Curtis
5th Izzy Duke
6th Ella Curtis
1st Nicole Karpejeva, 2nd Jessica Jones, 3rd Arabella Goodall, 4th Izzy Duke,
6th Darcie Elkins
5th Scarlett Melbourne



**Merry Christmas and a Happy & Healthy
New Year From All at LCGC!**