



LINCOLN CITY GYMNASTICS CLUB NEWSLETTER

Happy New Year!

We wish a very happy new year to our all gymnasts and their families and a warm welcome to our new gymnasts!

Christmas Challenge Competition – 26th & 27th November 2022

Congratulations to all gymnasts who entered the Christmas Challenge Competition at the end of November. You all performed brilliantly over the weekend and were a real credit to the club and your families. It was lovely to see such happy smiling faces over the whole weekend and everyone who entered received a special Christmas commemorative medal in recognition of their achievements. Thank you to the Barons and Knights squad gymnasts who performed their Christmas display no less than six times over the weekend. A big thank you to the coaches, judges, committee, young helpers and squad gymnasts who gave up their entire weekend to make it such a successful competition. Thank you to everyone who donated raffle prizes and who brought raffle tickets to support the club. Fundraising over the weekend from all raffles, spectator entry fees, refreshments and sales from “The Zone” rail, raised a fantastic record breaking £1400 for the club’s equipment fund! Well done everyone. All the proceeds will go into our equipment fund to purchase new equipment or replace equipment, which will benefit all gymnasts. Please find a full set of the competition results at the end of this newsletter.

Congratulations Melissa and Abi 🎉

Congratulations to coaches, Melissa Clough and Abi Haw, who both passed their WA Level 3 Vault assessment in October half-term. This is a great achievement for them and the club to have Level 3 vault coaches. Our thanks also go to the gymnasts who assisted them in their assessment. This now means that they are both qualified to supervise and compete higher level vaults such as Yurchenko and Tsukahara’s – no pressure on their squad gymnasts then!! They are both now working towards their Level 3 bars and floor assessments (and beam for Abi, Melissa having already passed that), and we wish them both every success with those assessments in the new year.

2023 Club Membership

Club membership for 2023 is due by 31st January 2023. This is our annual membership and the forms will be emailed out to all members at beginning of January. Please note that this is not British Gymnastics membership, which is due annually in October, and is the club’s membership. The committee is pleased to inform you that we are able to maintain the annual membership fee at £20 per gymnast/family for 2023. All gymnasts must be members of the club, and we have to hold up to date emergency contact details and medical information, so please ensure you complete the form as soon as possible and return it to us. Please make payment of the £20 membership fee either by bank transfer (with gymnasts’ name as reference) or by cash/card at the club. Thank you.

Club Tracksuits

We are placing an order for club tracksuits at the end of January ready for the squads’ county competitions this year. It is a requirement for squad gymnasts to have a club tracksuit for county and regional competitions, but they are also available for recreational gymnasts too. If you would like to order one, and they do take around 8-weeks from order as they are bespoke, we will be arranging for gymnasts who need one to be sized up in January during/after training. Any recreational gymnasts who would like to order one, please speak to a coach and we can arrange for them to be sized up too. They currently cost £22.50 for leggings and £50 for jackets for CMS up to AXS, and £27.50 for leggings and £55 for jackets for ASM upwards. Payment must be made on ordering please as they have to be paid for before the order is processed.

New Training Leotards

We are also placing an order for the new training leotards at the end of January. They are available for all gymnasts, recreational and squad. Please speak to a coach or our club shop representative. We have a sample of the new training leotard on display at the club and order forms are also available.

Welfare Officer Reminder

Just a reminder that while the evenings are still dark, we must ask that parents bring gymnasts into the gym and also come into the gym to collect them. We will not allow gymnasts to leave the gym and walk across the car park in the dark for their safety. Your co-operation with this would be greatly appreciated.

Christmas Challenge Competition 2022 Results

Rec 1 Girls & Boys

Age 4 yrs	1 st Olivia Owen	2 nd Isla Cuffley	3 rd Elsie Wilkinson
Age 4 ½ yrs	=1 st Sofia Boulton & Edie Wheat		3 rd Vivienne Jackson
Age 5 yrs	1 st Lilly Rayney	2 nd Willow Tinker	3 rd Joshua McWilliams
Age 5 ½ yrs	1 st Skye Drewery	2 nd Jaycee Akpoveta	3 rd Seth Townend
Age 5 ¾ yrs	1 st Emily Hill	2 nd Isla Stephenson	3 rd Prudence Brown
Age 6 yrs	1 st Brianna Smith	2 nd Rosie Walls	3 rd Ava-Lily Coulson
Overall Vault	1 st Lilly Rayney	2 nd Brianna Smith	3 rd Jaycee Akpoveta
Overall Bench	1 st Emily Hill	2 nd Lilly Rayney	3 rd Skye Drewery
Overall ages & pieces	1 st Lilly Rayney	2 nd Skye Drewery	=3 rd Jaycee Akpoveta & Emily Hill

REC 1 CHRISTMAS CHAMPION – LILLY RAYNEY

Rec 2 Girls

Age 6 yrs	1 st Eilidh Cassey	2 nd Delilah Swain	3 rd Lily Tinker
Age 7 yrs	1 st Ellie Dickinson	2 nd Emily Mills	3 rd Lola Brightey
Age 7 ¼ yrs	1 st Nia Policarpo	2 nd Isla-Jasmin Overton	=3 rd Olive Wheat & Olivia Lewis
Age 7 ½ yrs	1 st Millie Turnbull	2 nd Siwen Wang	3 rd Evelyn Dodds
Age 8 yrs	1 st Lourdes Jackson	2 nd Isla Voakes	3 rd Isla Robinson
Overall Vault	1 st Millie Turnbull	2 nd Lola Brightey	3 rd Emily Mills
Overall Bench	1 st Eilidh Cassey	2 nd Millie Turnbull	3 rd Ellie Dickinson
Overall ages & pieces	1 st Millie Turnbull	2 nd Eilidh Cassey	3 rd Ellie Dickinson

REC 2 GIRLS CHRISTMAS CHAMPION – MILLIE TURNBULL

Rec 2 Boys

Overall Vault	1 st Ethan Robinson	2 nd Damir Daskals	=3 rd Jackson Clark, Hugo Pieters-Roper Zachary Walls
Overall Bench	1 st Ethan Robinson	2 nd Jackson Clark	3 rd Damir Daskals
Overall Pieces	1 st Ethan Robinson	2 nd Jackson Clark	3 rd Damir Daskals

REC 2 BOYS CHRISTMAS CHAMPION – ETHAN ROBINSON

Rec 3 Girls

Age 8 yrs	1 st Annabelle Main	2 nd Connie Headon	3 rd Grace Warnock
Age 8 ½ yrs	1 st Sophia Grech	2 nd Myla Frangeskou	3 rd Amelie Stephenson
Age 9 yrs	1 st Olivia Greaves	2 nd Dante Pieters-Roper	3 rd Ava Sellars
Age 9 ½ yrs	1 st Molly Klab	2 nd Ella Flowers	3 rd Willow Kirk
Age 10 yrs	1 st Sienna Carr-Hoskins	2 nd Joanna Wojcik	3 rd Lacie Barker
Overall Vault	1 st Rose Jones	2 nd Olivia Greaves	=3 rd Amelie Stephenson Charlotte Johnson
Overall Beam	=1 st Molly Klab, Ella Flowers & Sienna Carr-Hoskins		
Overall Ages & Pieces	1 st Olivia Greaves	2 nd Molly Klab	3 rd Sienna Carr-Hoskins

REC 3 GIRLS CHRISTMAS CHAMPION – OLIVIA GREAVES

Advanced Girls

Age 10 yrs	1 st Jaimie Watson	2 nd Niamh Flowers	3 rd Lilly Bannister
Age 11 yrs	1 st Sienna Yates	2 nd Sofia Evison	3 rd Honeymay Obire
Age 12 yrs & Over	1 st Abi Hyde	=2 nd Chloe Pennington, Scarlett Walker & Phoebe Emmingham	
Overall Vault	1 st Abi Hyde	=2 nd Chloe Pennington & Scarlett Verrall	

Overall Beam	1 st Abi Hyde	2 nd Sofia Evison	=3 rd Scarlett Walker & Sienna Yates
Overall Ages & Pieces	1 st Abi Hyde	2 nd Sienna Yates	=3 rd Sofia Evison, Phoebe Emmingham Chloe Pennington & Scarlett Walker

ADVANCED GIRLS CHRISTMAS CHAMPION – ABI HYDE

Imps Development – Brass

Vault	Bars	Beam	Floor
1 st Evelyn Penney	1st Florence Jones	1st Florence Jones	1 st Evelyn Penney
2 nd Alexis Grech	=2 nd Evelyn Penney	2 nd Evelyn Penney	2 nd Florence Jones
3 rd Florence Jones	Alexis Grech	3 rd Alexis Grech	3 rd Alexis Grech
4 th Helena Kowara	4 th Katrina Ringe	4 th Helena Kowara	4 th Helena Kowara
5 th Katrina Ringe	5 th Helena Kowara	5 th Maya Brown	5 th Katrina Ringe
6 th Maya Brown	6 th Maya Brown	6 th Katrina Ringe	6 th Maya Brown
Overall Pieces	1 st Florence Jones	2 nd Evelyn Penney	3 rd Alexis Grech

BRASS CHRISTMAS CHAMPION – FLORENCE JONES

IMPS – Brass+

Vault	Bars	Beam	Floor
1 st Nicole Karpejeva	1st Arabella Goodall	1st Jessica Jones	1 st Nicole Karpejeva
2 nd Ella Curtis	2 nd Jessica Jones	2 nd Nicole Karpejeva	2 nd Jessica Jones
3 rd Sophia Ison	3 rd Sophia Ison	3 rd Isla Martin	3 rd Sophia Ison
4 th Sophie Roberts	4 th Olivia Sturton	4 th Sophia Ison	4 th Ola Kubiak
5 th Darcie Elkins	5 th Sophie Roberts	5 th Ella Curtis	5 th Maisie Buckthorp
6 th Arabella Goodall	=6 th Sophia Cuffley & Ella Curtis	6 th Maisie Buckthorp	6 th Ella Curtis
Age 7 yrs Overall	1 st Sophia Ison	2 nd Nicole Karpejeva	3 rd Arabella Goodall
Age 8+ yrs Overall	1 st Jessica Jones	2 nd Ella Curtis	3 rd Sophie Roberts
Overall Ages & Pieces	1 st Jessica Jones	2 nd Sophia Ison	3 rd Nicole Karpejeva

BRASS + CHRISTMAS CHAMPION – JESSICA JONES

Imps & Barons – Nickel

Vault	Bars	Beam	Floor
1 st Poppy Waite	1st Lois Evison	1st Poppy Waite	1 st Poppy Waite
2 nd Emilia Clements	2 nd Alysha Holt	2 nd Kimberlie Tetera	2 nd Lois Evison
3 rd Alysha Holt	3 rd Poppy Waite	3 rd Lois Evison	3 rd Thea Blades
4 th Kimberlie Tetera	4 th Emilia Clements	4 th Thea Blades	4 th Isabella Naylor
5 th Emily Knowles	5 th Kimberlie Tetera	5 th Chloe Heathershaw	5 th Kimberlie Tetera
6 th Lois Evison	6 th Scarlett Melbourne	6 th Lacey Page	6 th Emily Knowles
Overall Pieces	=1 st Lois Evison & Poppy Waite	=3 rd Alysha Holt & Kimberlie Tetera	

NICKEL CHRISTMAS CHAMPIONS – LOIS EVISON & POPPY WAITE

GFA General Squad

Vault	Bars	Beam	Floor
1 st Holly Townend	1st Holly Townend	1st Holly Townend	1 st Mollie Latchem
2 nd Mollie Latchem	2 nd Mollie Latchem	2 nd Amelia Nixon-Deal	2 nd Lilly Stones
3 rd Alyssa Watt	3 rd Lilly Stones	3 rd Lilly Stones	3 rd Holly Townend
4 th Amelia Nixon-Deal	4 th Amelia Nixon-Deal	4 th Mollie Latchem	4 th Amelia Nixon-Deal
5 th Isobel Peacock	5 th Isobel Peacock	5 th Alyssa Watt	5 th Isobel Peacock
6 th Lilly Stones	6 th Alyssa Watt	6 th Isobel Peacock	6 th Alyssa Watt
Overall Pieces	1 st Holly Townend	2 nd Mollie Latchem	=3 rd Amelia Nixon-Deal & Lilly Stones

GFA GENERAL CHRISTMAS CHAMPION – HOLLY TOWNEND**Barons & Knights - Copper**

Vault	Bars	Beam	Floor
1 st Neve McGinn	1 st Neve McGinn	1 st Amber Drayton	1 st Neve McGinn
=2 nd Atenna Mohammadi	2 nd Poppy Overton	2 nd Neve McGinn	=2 nd Matilda Mullin
Liv Blades	3 rd Atenna Mohammadi	3 rd Amelie Bogg	Atenna Mohammadi
Lacey Taylor	4 th Lacey Taylor	4 th Mia Haxby	Isla McGinn
5 th Amelie Bogg	5 th Liv Blades	5 th Hanna Klab	5 th Liv Blades
6 th Hanna Klab	6 th Matilda Mullin	6 th Lily Overton	6 th Lacey Taylor
Age 11 & under Overall	1 st Atenna Mohammadi	2 nd Mia Haxby	3 rd Matilda Mullin
Age 12 & over Overall	1 st Neve McGinn	2 nd Amelie Bogg	=3 rd Liv Blades & Hanna Klab
Overall Ages & Pieces	1 st Neve McGinn	2 nd Amelie Bogg	=3 rd Liv Blades & Hanna Klab

COPPER CHRISTMAS CHAMPION – NEVE MCGINN

Please call **01522 262022** or use our **Facebook** page to advise if your child is unable to attend a session - we may not reply, but are grateful to know. www.lincolncitygymclub.org