

Welcome back to our gymnasts after a long hot summer and we would like to wish a warm welcome to our new gymnasts and their parents.

Christmas and New Year Closing

Classes continue through to our Christmas and new year break, when we will close after training on Tuesday 20th December and re-open on Wednesday 4th January 2023. Classes will be as usual through October school half-term, and in addition, we will be holding holiday clubs in the daytime – details to follow.

Tribute to Jayne Hobday

It is with great sadness that we learned of the passing of our previous coach and great friend, Jayne Hobday. As well as being a coach and committee member, Jayne is also the mum of our coach, Faye Hobday.

Jayne started her gymnastics career helping our original Chairman, Alan McGuirk, at our satellite club, Birchwood Gym Club. When Faye transferred over to Lincoln City Gym Club to join a squad, Jayne naturally moved with her. The club moved from City School to St Peter & Paul's School in 2001, and Jayne straight away volunteered to help with the recreational classes and undertook her Level 1 coaching course. Her passion was always coaching our young recreational gymnasts of all abilities, whether they stayed in the recreational classes or whether they moved through the squad system, watching their progress with great pride whatever route they took. Jayne was wonderful with the young gymnasts, especially with the new starters, taking them under her wing and immediately putting them at ease. She helped with our move to the new gym and continued coaching until a few years ago when she retired to devote more time to her family and her new grandson, Finn. Jayne was a wonderful asset to our coaching team. She will be greatly missed by the hundreds of gymnasts she has coached over the years, and by her friends in our coaching team and committee. We send our deepest condolences to Faye and Jayne's family.

Good Luck to Abbie and Molly

Two of our coaches and former gymnasts, Abbie Green and Molly Holmes, are leaving the club in September to start University. We wish them both lots of luck in their new adventure and hope they will come back to visit us often in their holidays!

Good Luck to Our Squad Gymnasts

Some of the squad gymnasts from the Knights, Barons and Imps will be competing in county competitions in September and October for the first time in almost three years, thanks to the ever-giving gift of Covid. For many of them it will be their first ever county competition, so we wish them every success and we know they will make the club proud. We wish you all good luck ③

LCGC Hoodies

Just a reminder that our personalised club hoodies are available to order all year round. They are available in all sizes and come in overhead or zipped design, and gymnasts' first name can be embroidered on the back for no extra cost. They are currently £18 for children's sizes and £22 for adult sizes. If you would like to order one, there are order forms on the kitchen counter, so please speak to a coach or committee member. Orders are usually placed once a month and payment must be made at the time of ordering.

We also have recreational and squad leotards available in stock at the club, as well as leggings to match the hoodies and bar grips, loops and sweatbands etc. Again, if you would like anything from the club shop, please speak to a coach or committee member.

BG Insurance Renewal

Please remember that the British Gymnastics registration and insurance is due for renewal on 30th September 2022. The club has completed its registration and existing members will be emailed by British Gymnastics direct to complete their renewal. New members can register from 30th September.

New members need to go to the British Gymnastics website homepage and follow the instructions for new members. Please remember that our club is **Lincoln** <u>City</u> **Gymnastics Club** when you are asked to add a club, as there is another club with a similar name. It is only when you have added the club and completed your membership that we will be informed. **All gymnasts must be registered and insured with British Gymnastics to be able to train at the club**. We understand the annual membership fee has increased to £20 per year for most of our gymnasts and £14 for pre-school. Any recreational gymnasts that are still aged four on renewing/registering will only be charged as pre-school until they turn five.

Pre-School Classes

Just a reminder that we run two pre-school classes on Friday mornings for children aged three and four (not at school) in school term-time. These are fun sessions run by our qualified pre-school coaches. There are one or two places still available, so if you have any siblings, friends or relatives that have children who would be interested, please either complete a waiting list slip at the club or email us at LCGC-1@outlook.com.

Please call **01522 262022** or use our **Facebook** page to advise if your child is unable to attend a session - we may not reply, but are grateful to know. <u>www.lincolncitygymclub.org</u>